

Newfie News



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Ease Arthritis During Cooler Months

Arthritis occurs when the cartilage within the joints gradually breaks down, often due to aging, injury, or underlying medical conditions. This deterioration can lead to pain, inflammation, stiffness, and reduced mobility. Arthritis is common in dogs of all ages, but it becomes increasingly prevalent as dogs grow older, affecting at least 20% of dogs over one year of age and approximately 80% of dogs over eight years old.

Cooler weather tends to aggravate the symptoms of arthritis, including pain, stiffness, and joint popping. There is no cure for arthritis, which worsens over time, however, there are ways to help manage it.

Manage Your Dog's Weight

Weight control is one of the most important tools for managing arthritis in dogs – and keeping them healthier overall. Extra weight adds stress to already compromised joints. In fact, leaner dogs may develop arthritis later in life compared to overweight dogs. In addition,

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Final TNP Newsletter

This edition marks the final TNP newsletter I will be publishing. Over the past 7 plus years it has been my honor to provide this publication to friends and followers of That Newfoundland Place. I have enjoyed bringing you information about the rescue, the breed, and dogs in general. My favorite part has been providing updates on all the wonderful dogs that have been adopted and the amazing families that have welcomed them into their homes. I loved speaking with each of you and hearing about your Newf's triumphs, and some challenges. This incredible breed has bound all of us together and I will forever be grateful to Cathy Derench for trusting me and my family to adopt these gentle giants. They have enriched my life more than she could ever know.

THANK YOU to all who read the newsletter as well as your kind words and encouragement over the years!

Joanna

What's Inside

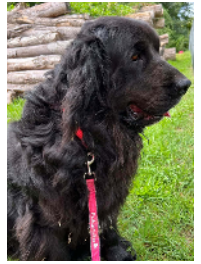
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Who's At TNP?

Luna is five and a half years old and a very sweet Newf. She is an independent lady who must be the only dog in the household. TNP staff is still getting to know Luna to determine what she needs and the best family where she can thrive. Stay tuned for updates on the TNP Facebook page.



Interested in adopting from TNP?

All dogs are placed only in APPROVED homes. Email Nancy for an application: nancy@thatnewfoundlandplace.org. Home checks are also required (virtual or in person).

Keep in mind that TNP places dogs in homes that are in the best interest of the dog, but welcomes applicants to express interest in dogs through TNP Facebook posts.

Recently Adopted

Six year old Coco was adopted by Lisa & Michael of Rhode Island. Coco now has a Newf big brother named Otis to show her the ropes and live her best Newfoundland life. Watch for updates on the TNP Facebook page.



Buddy was adopted by Jerome & Judith Fallon of Stoughton, Massachusetts in September. The Fallons report that two-and-a half year old Buddy is doing amazing, but is still working on his training and is a bit of a handful. Buddy is completely at home with his new family!



Don't Miss The Final TNP Open House of 2026

The final TNP Open House of the year will be held on October 4! Join us for a picnic featuring Jersey Mike's subs and a variety of salads, delicious Illiano's pizza, and cookies. TNP staff, alumni, and Newfs will be in attendance. As always, breed information and adoption applications will be available. If you're new to TNP, this is a great opportunity to meet Newfoundland dogs, connect with knowledgeable volunteers, and learn firsthand about Newfoundland ownership and the adoption process. Plus, special raffles!

All well-behaved, leashed dogs are welcome at all events!

Dogs available for adoption may be on site, however, dogs are not adopted during an Open House. They are meet and greet events only.

All Open Houses are at 554 Pucker St , Coventry, CT, Noon to 3:00 pm

Events are held rain or shine and are free to attend.

Expert Excerpts

Pancreatitis In Dogs

The pancreas is an organ adjacent to the stomach that helps dogs digest food, control blood sugar, regulate appetite, and support healthy digestion.

Pancreatitis develops when digestive enzymes become activated too early inside the pancreas, causing inflammation and damage that can extend to nearby tissues and other organs.

Diagnosis of pancreatitis

Pancreatitis is diagnosed using multiple methods. Your vet will take into consideration your Newf's symptoms, including pain in the mid to upper abdomen and medical history. They will likely run blood tests looking for elevations in white blood cells and/or pancreatic enzymes. They may also run a Specific Canine Pancreatic Lipase test in the clinic. An ultrasound can be used to detect pancreatic inflammation or local peritonitis caused by pancreatitis, especially if the dog has acute, severe pancreatitis.

Treatment of pancreatitis

Mild pancreatitis involves treating pain and nausea and feeding small amounts of a low-fat, easy-to-digest diet. Dogs with more severe pancreatitis will likely require days of hospitalization. Your vet will likely start intravenous fluids to restore and maintain a normal fluid and electrolyte balance. Your Newf may also receive a new medication, Fuzapladib

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Stay Warm This Fall With A Cathy's Crew Hoodie from TNP

Cathy's Crew is a special project within TNP that ensures elderly or hard to home animals have a beautiful farm in Connecticut with space, resources, and love to safely live out their lives forever. The farm is the life work of animal rescue legend Cathy Derench who was the divine intervention to thousands of animals that found a new beginning because they crossed Cathy's path. All animals that have been rescued, crossed paths, or helped in any way by Cathy are part of Cathy's Crew. Hoodies available in black, pink, and orange. Bibs are available in black.

Hoodies are \$65, bibs are \$25.

Email Krisy@ThatNewfoundlandPlace.org with your size/color and address.

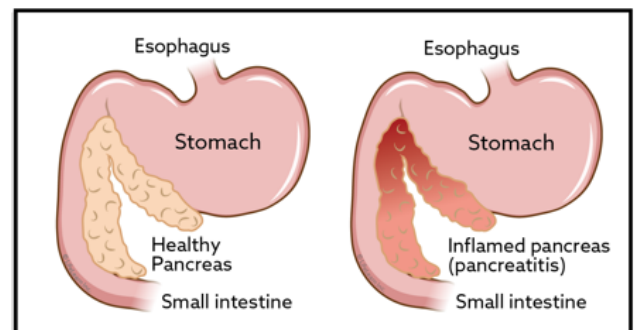


sodium (Panoquell-CA1), which reduces inflammation inside the pancreas. Your dog will also receive pain, anti-nausea, and stomach-protectant medication, as well as antibiotics if there is an infection. Food and water are often withheld for 24 hours to give the pancreas a rest and then are gradually re-introduced. Immunosuppressants may be administered in chronic cases.

A bland, low-fat diet will be part of your Newf's recovery, and long-term management of pancreatitis may include a diet change. Your vet may recommend a prescription diet of gastrointestinal-supportive low-fat, or ultra-low fat, food. You may also want to feed smaller, more frequent meals and test for digestive enzymes amylase and lipase regularly at your vet.

Causes of pancreatitis

There is no singular cause of pancreatitis, but high-fat diets (especially table scraps or dogs that get into garbage) increase the risk. Even a single large serving of high-fat food can be enough to trigger an episode of pancreatitis in some dogs.



© vca animal hospitals

Although any dog can become afflicted with the condition, Miniature Schnauzers and English Cocker Spaniels, as well as other dogs with immune-mediated diseases - which result from abnormal activity of the immune system - are predisposed to pancreatitis. In addition, some chemotherapy medications and antibiotics can cause inflammation of the pancreas.

Other risk factors include obesity, hypothyroidism (or other endocrine diseases), severe blunt trauma to the pancreas, and diabetes mellitus.

Prognosis and Recovery

A dog's prognosis with pancreatitis depends on how severe the condition is and how well they respond to initial treatment. Dogs with mild pancreatitis often recover within one to two weeks, while severe cases can carry a poor to grave prognosis. Early diagnosis and prompt treatment can significantly improve the chances of recovery.

Even after recovering from a single episode of pancreatitis, a dog may develop significant scarring within the pancreas. This damage can interfere with normal pancreatic function and may contribute to conditions such as diabetes mellitus.

Dogs with chronic pancreatitis can develop exocrine pancreatic insufficiency (EPI), which occurs when a significant number of cells that produce digestive enzymes are destroyed, resulting in improper food digestion. The condition can be treated with daily administration of an enzyme replacement powder.

Prevention of Pancreatitis in Dogs

Since there are no true causes of pancreatitis, it is difficult to prevent, however, there are precautions you can take to reduce the risk for your Newf. First, refrain from feeding table scraps and high-fat foods. Be sure your dog visits the veterinarian regularly and do not wait for care if your Newf is displaying early signs of the disease. Keep your dog at a healthy weight to reduce inflammation overall. In addition, although fish oil is high in fat, it may help lower blood lipid levels, particularly when given alongside vitamin E. Check with your veterinarian to determine if supplements may benefit your Newf.

Resources/More Information:

<https://www.petmd.com/dog/conditions/endocrine/pancreatitis-in-dogs>

<https://www.akc.org/expert-advice/health/pancreatitis-in-dogs/>

<https://vcahospitals.com/know-your-pet/pancreatitis-in-dogs>

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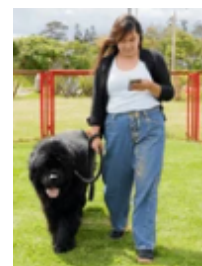
studies have shown that maintaining a healthy weight can improve your dog's mobility and ability to tolerate exercise.

Diet

The proper food will meet your Newf's nutritional needs to manage arthritis. Your veterinarian may recommend a special diet of food that contains natural anti-inflammatories, antioxidants, or omega-3 fatty acids.

Exercise

Exercise can provide pain relief for dogs with arthritis, which can seem challenging if your Newf is having difficulty moving. Consistent, lower impact exercise such as leash walks and swimming can improve mobility, help avoid additional joint damage, and reduce stiffness and pain. Short or thin haired dogs may benefit from a dog coat or sweater during colder months to help insulate the joints.



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Nutritional Supplements

Glucosamine and chondroitin sulfate are popular supplements for arthritis relief. They contain natural anti-inflammatory properties, which can help ease joint pain. Other helpful joint care supplements may contain omega-3 fatty acids, phycocyanin and manganese. Be mindful that dog supplements are not regulated by the Food & Drug Administration, so the amount of active ingredients varies. Always talk to your veterinarian about the best options for your dog based on their unique needs.

CBD oil is another option that has emerged in recent years. CBD is a compound found in cannabis and hemp that some dog owners have found can help dogs with arthritis pain; however, there is currently no scientific research on the benefits of CBD oil and limited regulation result in varied purity, concentration, and efficacy.

Be mindful of arthritis symptoms in dogs

- Difficulty or reluctance sitting, getting up, or laying down
- Difficulty climbing stairs or jumping onto or off of a bed or couch
- Walking slowly or loss of stamina
- Lameness or limping
- Enlarged or swollen joints
- A narrow stance in the rear limbs
- Wasting away of muscles in the rear limbs
- Calluses over pressure points
- Shifting weight from side to side or front to back
- Reluctance to be touched on some parts of the body

If your Newf is experiencing pain or any of these symptoms, a vet exam and x-rays are in order to determine a diagnosis and treatment options. Early detection of arthritis allows treatment to begin sooner, helping slow disease progression before significant damage occurs. Remember, all dogs can get arthritis, but large and giant breed dogs are more prone to hip and elbow dysplasia, which increased the chances of arthritis in those joints.

Resources/More Information:

<https://www.petmd.com/dog/care/7-ways-ease-dog-arthritis-cooler-weather>

<https://www.akc.org/expert-advice/health/dealing-with-canine-arthritis/>

<https://vcahospitals.com/know-your-pet/arthritis-in-dogs>

<https://www.adoptapet.com/blog/health/vet-advice-relieving-your-dogs-arthritis>

Ease Arthritis In Cooler Months - continued from page 5

A joint-support medication called Adequan Canine is also available as an injectable treatment for dogs and can be administered by a veterinarian.

Pain Relief for Dogs

Your veterinarian can prescribe medication to relieve some of the pain your Newf is experiencing from arthritis. Galliprant can treat pain and inflammation, Non-steroidal anti-inflammatory (NSAID) drugs such as Rimadyl, Metacam, Deramaxx, Onsior, and Firodyl are also options, but be sure to discuss long term side effects with your vet. Human grade NSAIDs such as Ibuprofen or Naproxen, are toxics to dogs, so never give them to your Newf.

Gabapentin is a pain medication that works differently from NSAIDs and corticosteroids and can be used alongside these medications. It can be particularly beneficial for managing the chronic pain associated with arthritis, especially in older dogs who may not be able to safely take an NSAID. Amantadine and amitriptyline can also be used to help manage chronic arthritis pain.

Librela is an injection for pain that lasts for a full month. This medication is a species-specific anti-nerve growth factor (anti-NGF) monoclonal antibody. Nerve growth factor levels are elevated in arthritic joints and contribute to osteoarthritis (OA) pain. Bedinvetmab works by blocking NGF, helping to reduce the pain associated with OA.

Prevent Falls and Slipping

Falls can be particularly painful and difficult for dogs with arthritis. A sling or lifting harness (such as Help 'Em Up) can help your Newf rise safely. To help prevent slips and falls outdoors, provide your dog with surfaces that offer good traction. Dog socks and boots can provide

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additional gripping to help stabilize your dog, both outside and on wood or vinyl flooring. Be sure to check your Newf's paws to make sure they're free of snow, ice and dirt when they come in from outside. Steps or ramps can help your Newf get into the car, bed, or couch safely without falling.

Physical Therapy and Holistic Therapies

You may also consider physical therapy for your Newf to relieve some of the symptoms of arthritis and increase movement. Water treadmills, therapeutic laser, and balance balls can help reduce pain and rebuild muscle. Some exercises and therapies can be done at home – such as warm compress, massage, and range of motion – to aid in arthritis management. Acupuncture, acupressure, chiropractic subluxation, and targeted pulsed electromagnetic field therapy may also be helpful.

Comfortable Bedding

A soft and supportive sleeping space is essential for dogs with arthritis. orthopedic mats, memory foam bedding, or an elevated platform all provide additional comfort on compromised joints. You may need to use trial-and-error to find the best solution for your Newf. Be sure the bed is located in the optimal spot for your dog's comfort, for example a place where they do not need to use the stairs if that is difficult for them.



© www.bidfta.com

Your Newf may also appreciate additional heat or cooler temps (again, trial and error). Cooling mats can reduce pain and inflammation if your dog is positioned correctly and a heating pad or blanket – always on the lowest setting – can take the chill out of bones. Ensure the heating element does not cover the entire bed or crate, allowing your Newf to easily move away if they become too warm. Always place additional bedding between your dog and the heating element.



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Other comfort products include rugs or other textured flooring surfaces to improve grip, and possibly raised food and water dishes to relieve joint pressure. Discuss the risks of bloat with your veterinarian to decide the best height of dishes for your Newf.

While arthritis might seem like a frightening diagnosis, there are several strategies and products that can help with keep your Newf comfortable. Work with your veterinarian to find the best plan based on your dog's specific needs.

Resources/More Information:

<https://www.petmd.com/dog/care/7-ways-ease-dog-arthritis-cooler-weather>

<https://www.akc.org/expert-advice/health/dealing-with-canine-arthritis/>

<https://vcahospitals.com/know-your-pet/arthritis-in-dogs>

<https://www.adoptapet.com/blog/health/vet-advice-relieving-your-dogs-arthritis>

Newfoundland Coat Colors

October 1 is National Black Dog day. Black is the most popular coat color for Newfoundlands; however, The American Kennel Club (AKC) recognizes eight accepted coat colors and patterns for Newfoundland dogs. This means they can be registered with the AKC, participate in breeding programs with registerable offspring, and earn AKC titles and awards, with the exception of a conformation championship.



Only four coat colors are recognized as breed standard and can compete in the show ring: black, brown, gray, and white and black (Landseer). Each of the solid coat colors can include white at the chin, chest, toes, and tip of tail. Black dogs with white markings are sometimes called Irish spotted. Brown Newfoundlands can range from dark chocolate to russet. Gray can also range from darker to lighter color.

Landseers have a base coat of white with black markings in a specific pattern: A black head and ears, with or without white markings on the muzzle or a white blaze, along with a distinct black saddle and black markings on the rump that extend onto the white tail. The exact pattern of black markings varies from one Newfie to another, making each Landseer uniquely marked. Note that black Newfoundlands can have patches of white, so it is important to identify the base color and overall distribution of black and white.

Colors not recognized as breed standard include beige (also called champagne or cream), black and tan, white and brown, and white and gray.

The Genetics of Coat Color

Melanocytes cells are found in the hair follicles and add melanin to the hair as it grows which determines the base coat color. Darker colors have more melanin. There are only two base colors for Newfoundlands: black and brown. Black is a

Black dogs hold a significant presence in various forms of art and cultural representations, symbolizing mystery, death, or even protection.

Black dogs are a visible part of the canine population. There are 59 recognized black dog breeds.

According to Dog Academic, the top 10 black dog breeds include:

Labrador Retriever
Poodle
Scottish Terrier
Rottweiler
Schipperke
Newfoundland
Portuguese Water Dog
Flat-Coated Retriever
Cane Corso
Belgian Sheepdog

Other popular black dogs include the Affenpinscher, Black Russian Terrier, Doberman Pinscher, Giant Schnauzer, and Puli.

Resources/more information:
<https://dogacademic.com/black-dog-breeds/>
<https://www.thesprucepets.com/black-dog-breeds-5075071>

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dominant gene, while brown is a recessive gene. The other Newfoundland coat colors and patterns are influenced by modifier genes that alter the base colors of black or brown. Dilution genes, for example, can produce gray or beige coloring, while other modifier genes influence whether a dog has a solid coat or a spotted Landseer pattern. Genetically, a black-and-white Landseer is still a black dog; modifier genes affect how the color is expressed, resulting in the characteristic black-and-white coat.

Newfoundlands of any color are beautiful, with thick, fluffy double coats. Color does not affect health, temperament, or value.

Sources/More Information:

<https://www.petful.com/dog-breeds/newfoundland-dog-colors/>

<https://www.dogster.com/lifestyle/newfoundland-dog-colors-and-patterns/>

<https://lovenewfoundlands.com/color-genetics-in-newfoundland-dogs/>

Thinking of leaving a bequest to TNP?

Donations should be made
payable to:
That Newfoundland Place, Inc.
EIN (Tax ID): 27-2176439

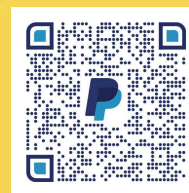
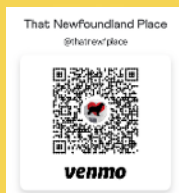
Payment Address:
554 Pucker Street
Coventry, CT 06238

Thank you for your
consideration!

To continue to support Cathy's work & her foundation
please see below.

Thank you for all the generous support.

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Support TNP through Amex Round-up

<https://www.americanexpress.com/en-us/banking/round-up/frequently-asked-questions/>

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That Newfoundland Place Inc. is a nonprofit corporation organized and operated exclusively for charitable purposes. Specifically, this organization has been formed to prevent cruelty to animals. Our mission is to offer quality of life to senior dogs of various breeds, to assist in rescue, rehabilitation, and re-homing of dogs in need, with a focus on Newfoundland dogs, and to provide humane education as related to care and life quality. of animals. Ed Derench, Missy Carbone, Presidents *Newsletter editor/publisher J Dumas: joanna.l.dumas@gmail.com*