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Traveling With Your Pet: What to Consider for Overnight Stays

Summertime means vacation time for many people and, more than ever, for pets too. Most people consider pets part of the family and want to include them in the memories made during the trip, whether it's to the beach, mountains, or somewhere in between. Of course, it can be challenging to bring pets on vacation, but with some planning it can be a wonderful retreat for both owner and our furry friends.

Thinking of bringing your Newf with you to the hotel? Many lodging facilities boast being "pet friendly." "Just because a hotel indicates that they allow pets, doesn't mean that they will accept all pets," says Kim Salerno, CEO/Founder of <u>TripsWithPets</u>, a company that provides online reservations at pet-friendly accommodations across the United States and Canada. "It's important to do your homework before booking. Reviewing specific hotel pet policies is a must to ensure it can accommodate your pets."



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Get You and Your Newf Travel Ready

Preparation is the key to a successful trip with your Newfoundland, or any dog. Keep these tips in mind so you both enjoy your time together on the adventure.

Keep your Newf safe– Double check that tags are secure, microchip information is accurate, vaccinations are up to date, and your Newf is healthy for travel.

Plan Your Route– A long journey can be fun, but be sure to plan for plenty of pet-friendly stops along the way. Most experts agree that dogs should be allowed a break from the car every 3-4 hours, but some may need more frequent stops. Take time to get out and go for a walk. It will be good for both of you.

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Who's at TNP?

Four-year-old **Kai** is an owner surrender in foster care with Faith Ferguson in Connecticut. Kai is has been vetted and neutered in June and is ready for a new home. He is good with older children and will need a home with traditional fencing. Watch for updates in future newsletters and the TNP Facebook page.

> **Hershey/Pumpkin** was surrendered in May due to his owners not having enough time for him. This energetic 13-month-old boy has been neutered and vetted and is ready for his new home, one with traditional fencing and NO cats. Stay tuned for updates in future newsletters and the TNP Facebook page.

Brown Girl (Name TBD) is in foster care with Nancy Weaver in New Jersey, after being in a puppy mill. This 6-year-old is exceptionally sweet and loving. She will be spayed soon and evaluated to find the perfect family. Watch for updates in future newsletters and the TNP Facebook page.

Interested in adopting from TNP?

All dogs are placed only in APPROVED homes. Email Nancy for an application: nancy@thatnewfoundlandplace.org. Home checks are also required (virtual or in person).

Keep in mind that TNP places dogs in homes that are in the best interest of the dog, but welcomes applicants to express interest in dogs through TNP Facebook posts.

Recently Adopted

Two-year-old Spencer went home with John Deagle of Peru, Vermont on April 26.

"We are still getting to know each other," John explained. They have taken walks around the yard and neighborhood and gone on a couple of rides; Spencer seems to do well in the car. Spencer minds well in the house and does well with his 5-year-old feline sibling, Stan.

John admits Spencer was a "bit of a handful on the leash," but after John enrolled Spencer and himself in a 6-week dog training class, Spencer is doing better on his walks. John has also been working with Spencer on recall to ensure he will stay in the yard. Spencer still gets easily distract and is frantic in new situations, but John's patience and commitment will get him through.

Newfoundlands seemed to be the ideal breed for John when he was ready to add a dog to his life many years ago, He did his research and determined, "a Newf sounded like a good dog to be around," John said. He was attracted to the temperament of a "sweet, gentle giant." The size of Newfs and the hair and drool did not deter him.

Spencer is John's third Newfoundland. All of them have been rescues. Buda was his first, facilitated by Cathy, whom John had for 6 years. John Adopted Rosie around 2014 from TNP









Expert Excerpts

Seizures

By Dr. Lauren Flanagan of Pepperell (MA) Veterinary Hospital

Seizures are probably one of the scariest things a pet owner can witness. A seizure can present in many different ways, from the grand mal seizure where the pet loses consciousness, thrashes, and often urinates and/or defecates, to the fly biting and tremor seizures where only a small set of nerves are involved. Regardless of how they present, all seizures start as a small focus of abnormal activity in the brain. For the sake of this article, we will generally be referring to a grand mal seizure.

Seizures can be cause by many things, both internal to the central nervous system as well as external. Internal means the brain itself is injured or diseased in some way. This can happen if an infectious agent, such as bacteria, viruses, funguses, or parasites gain access to the central nervous system. It can also happen secondary to trauma, tumors, and congenital malformations of the nervous system. There are also autoimmune diseases of the central nervous system that can trigger seizures, as well as what is now commonly referred to as MUE, meningitis of unknown etiology. This means that when an MRI is performed, the meninges, or lining of the central nervous system, is inflamed but all the diagnostic testing cannot identify the cause of the inflammation.

External causes of seizures include exposure to toxins and certain medications, as well as disease in other organ systems. Certain types of liver disease can trigger seizures. Electrolyte imbalance can trigger seizures. Low blood

Recently Adopted

Recently Adopted - Spencer continued from page 3

and had her for 8 years. Rosie passed away last October at age 13.

In the weeks since Spencer has been part of his family, John has discovered that Spencer likes to play outside. John hopes to take advantage of more outside adventures with Spencer on the nearby trails and other outdoor activities. Undoubtedly, Spencer will soon settle into his new home and lifestyle and be a wonderful companion for John.

Brooke Elkin Moore of Windsor, New York brought home 6-year-old **Val** , now Dal, short for Dahlia, on June 25.

"She's settling in," Brooke said. "It's still early. I'm giving her plenty of time. She likes to have a routine.

She's always been with a lot of other dogs so she's adjusting to being alone." Brooke is learning what Dal needs and responding with patience.



So far, Brooke and Dal have been spending their time at home and in the neighborhood. Brooke reports that Dal loves to meet new people and is fascinated by the flock of wild

turkeys just across the fence of her yard. "She listens every morning," Brooke said.

Dal is Brooke's 9th Newfoundland. Her previous Newfs have all come from breeders. Her last Newf, Smoky, passed away in March at age 12. Brooke felt rescue was the right path this time because she knew she wanted an older dog and has been involved with rescue for a long time. Brooke has known Cathy for many years, prior to Cathy's work with TNP. Brooke was first introduced to the breed by her husband, who had a Newf when they first met. "He had them his whole life," Brooke said.

Brooke lost her husband 2 ½ years ago and found comfort in Smoky. She expects Val will also be a great companion.

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Recently Adopted

Matilda was adopted by Denise and Jason Demarest, and Denise's 10-year-old son Colin of Montvale, New Jersey on July 1.





"She's adjusting," Denise said. "She's still a little finicky with eating. She's getting to know us, the home, and the cats." Matilda and cat Bridget have become fast friends, but cat Star has been a more reluctant and runs away from Matilda.

Three-year-old Matilda is really enjoying her fenced back yard. Her family goes out with her and Matilda likes to chase deer on the other side of the fence. She's also fond of chasing the groundhogs and bunnies and running around the yard with Colin.

Belly rubs are a favorite of Matilda. "She will lay in the door way and semi roll over looking for a belly rub as we pass by," Denise said. Matilda is also excited for walks around the neighborhood and she really likes stuffed animals, carrying them around from room to room. Watching birds at the feeder on the window is also one of her favorite pastimes.

Matilda is Denise's third Newfoundland, and second rescue, although her first from TNP. Denise rescued Candy in May 2011 and lost her in May 2020 at age 12 ½. Clover joined the family from a breeder in Ithaca, New York in November 2011. Clover passed away in January at age 11. Denise heard about TNP when a friend set up a birthday fundraiser on Facebook with TNP as the recipient. Denise and Jason attended the June Open House at TNP where they met Matilda.

Newfoundlands have been a favorite breed of Denise's for over a decade. "They really truly are gentle giants," she said. "They are wonderful companions and family dogs. Very calming." Denise has found that her Newfs have also been wonderful with Colin.



Denise describes Matilda as a "sweet girl with a silly personality waiting to come out. She seems to be a happy girl." After months of quiet without a Newf in the house Denise contends that her "home is complete again with Matilda."



Lara and Bob Benedetto and 10-year-old Kieran of Medford, New Jersey adopted Sullivan, aka "Sully" on July 2. Sully was surrendered due to family illness and was being fostered by TNP staff Nancy Weaver in New Jersey.

Lara reports that Sullivan "has been a pleasure. He gets along with everyone and other species. He's very interested in the deer in the back yard." Bob added, "He

seems to have acclimated faster than I thought he would."

Sully is great on a leash and gets very excited for walks. "We're not sure how often he went on walks with his prior family," Bob said. "But he loves interactions with other dogs and people." Bob reports that Sully also "loves being a knucklehead" and is beginning to show his personality.

Sullivan is also guite attached to a glow in the dark ball that you put treats in, that came with him from foster care. "For the first four days he carried it with him everywhere," Bob said. Sullivan's head and jowls are so big that the ball was "lost in his mouth" and eventually the ball was lost completely. Lara and Bob replaced the ball, but it too was lost after a short time. Then they invested in the same type of ball in a larger size, which Sully has managed to keep and continues to love to play with.

Recently Adopted

Recently Adopted - Sullivan continued from page 4

At just 10 months old, Sullivan is still very much a puppy. He has done a little counter surfing and chewed a pair of glasses, par for the course for a Newf his age, and the Benedettos have taken it in stride.

Sully shares his home with Lila, his 3-year-old Newf sister, whom the Benedettos

have had since a puppy. They have already become good friends, and Sullivan is "next to Lila all the time. They sleep together," Bob said. Lila did, however, establish her place in the house and "will tell Sully know when she doesn't like something," Lara said. Branch, the cat, mixes well with both dogs.

Branch & Sully

Sullivan is the Benedettos' fourth Newf and second rescue, their first from TNP. Buford was rescued in 2012 and passed away in 2008 at age 9 1/2. Twelve-anda-half-year-old Lukin, whom they had as a puppy, passed away in May.

Bob has always been a lover of larger dogs but could never convince his parents to make the commitment. Several years ago, he saw someone in town walking two "massive" dogs. Bob stopped to ask questions of the Newfs' owner Charlie Baker, who has become a friend. "We learned a lot about the breed from him," Bob said. It was Charlie who told Lara and Bob that Sullivan was available for adoption through TNP. "We saw Sully as an opportunity to give a Newf a permanent home," Bob said.

Jelly Bean, now Clementine, has been in her new home with Amy and Rick Coveno, of Groton, Massachusetts since July 6 and is a star in the eyes of her new family.

"She's such a treat," Amy said. Two-year-old Clementine was in foster with Lori Babcock for two months, who did a lot of leash training and socialization, and it

shows. Amy explained Clementine has "perfect leash manners" and has been off leash a few times and has great recall. Clementine is also "great in the car and a perfect eater."



Clementine is fitting in seamlessly with her 3-year-old Newf brother Hugo and Newf sister Emma, who will be 11 in November. "Clementine and Hugo have bonded already," Amy said. "She's good for Hugo. They play beautifully together." Emma has also adjusted to Clementine. As a senior, Emma is less playful but the two get along very well.



Clementine & Emma

Clementine

Amy has been interested in Newfoudlands since she was a teenager. Her father was in the military, which meant frequent travel. She was living overseas and had always asked for a dog, which her family agreed to a soon as they moved back to the US. When they landed in Colorado Springs, Amy promptly went to the library – pre-internet days - to research dog breeds. When she saw the Newfoundland and learned about all their characteristics, she knew it was the dog she wanted. She wrote all the attributes on scraps of paper and plastered them over the small apartment her parents, brother, and sister were living in at the time.

A short while later, after a white-water rafting trip with her dad and sister, Amy mentioned there was a breeder only 10 minutes away and asked if they could visit. Her dad, also an animal lover, agreed. They were greeted by a dozen adult Newfoundlands and a whelping box full of puppies in the kitchen. Amy's dad put a deposit down on a puppy that day and Cocoa







Recently Adopted

Recently Adopted - Jelly Bean aka Clementine continued from page 5

Bear went home a few weeks later.

Amy Rick have had five other Newfoundlands. Sisters Dulce Bella and Covella China came home in 2008 as puppies. Sadly, China escaped the fence and was hit by a truck right in front of their home in 2009 at 16 months of age. Lola came home – from the same breeder – on New Year's Day 2010. Emma and Shepherd mix Daisy were rescued in 2017 from New Hampshire. The following year the Covenos lost both Daisy and Bella. Hugo joined the family as a puppy in 2020. Lola passed away in 2022 at age 12.

Clementine shares a fence line with 3 goats – Grace, Poppy, and Nellie; chickens and 16-year-old Otto the cat occupy the barn.

Amy and Rick have big hearts for all their animals, especially their Newfs Clementine has already found her special place within them.



Three-year-old **Yoggi** was adopted by Douglas and Sheri Guerra of West Mifflin, Pennsylvania. Yoggi also has a new Newfie sister. Stay tuned for updates in next month's newsletter and the TNP Facebook page.

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Consider the following:

Pet Policy

Many hotels allow pets, however, review the policy closely for restrictions and penalties.

Pet Fees

Including your Newf as part of your vacation will likely cost you an additional fee, however, you can compare pet fees to determine where to book your stay. Make sure you understand the fee structure completely before deciding.

Pet Weight Limit

Most hotels have pet weight limits – not good news for the Newf owner. You may need to do some extra research to find a hotel that will accommodate you and your Newf.

Number of Pets

Many hotels allow a maximum of one or two pets per room. If you're traveling with three or more dogs, you may need to rent two rooms to accommodate everyone.



Unattended Pet Policy

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Planning on leaving your Newf in the room during your stay? Make sure you know the hotel's policy regarding unattended pets. If the hotel doesn't allow it, you may need to alter your plans or find alternate care for your Newf.

Breed Restrictions

There are still hotels, vacation rentals, and Bed & Breakfasts that have restrictions on

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breeds. Although this typically refers to "bully" breeds and not Newfoundlands, review the pet policy carefully to make sure your Newf is welcome.

Pet Amenities

Some hotels really roll out the red carpet for your pet with welcome baskets, pet beds and pet bowls. Dog walking, pet sitting and pet concierge services may also be among the amenities. Some hotels will also suggest nearby pet friendly activities or destinations (attractions, hiking, beaches, restaurants, etc.) that cater to pets.

Don't Dodge the Rules

No matter what lodging plans you decide on, resist the temptation to smuggle unwelcome pets into any accommodation. It's hard to be discreet with a Newf, and if you are caught you could be asked to leave, and forced to find last minute accommodations with a large dog – not an easy task.

"I can't stress enough how important it is to secure pet-friendly lodging in advance, particularly when traveling with large dogs and/or multiple pets," Kim said. "If you wait until the last minute or rely on finding accommodations once you're en route, it will be tricky finding a place that will accommodate your whole crew."

If you are having challenges finding places to stay for you and your Newf, consider contacting TripsWithPets. They provide options with comprehensive pet policy details for all of its pet-friendly properties - over 50,000 across the U.S. & Canada and growing - including the number of pets allowed and pet weight limits. "If need be, we can reach out to some of our more flexible hotel and vacation rental partners on your behalf," Kim said. "We have a great relationship with them, and they are often willing to make exceptions. We've helped many pet parents find the right accommodations in this way."

Enjoy a Stress-Free Hotel Stay with Your Pet

You made it to the hotel with your Newf. Following these tips will help to ensure that your stay is an enjoyable one for both of you and that you BOTH are welcomed back!



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Pick the right room – A room on the ground floor by an exit is ideal to get your dog out to the potty. And be sure to **use the designated potty area**. Find out where it is when you check in and adhere to the rules.

An exercised dog is a calm dog - Exercise helps relieve anxiety and will make your Newf tired and ready for a restful sleep. Ask hotel staff about the best places to walk or run your dog.

Be respectful of the hotel room – Cover furniture and beds with sheets that your pet may be allowed on. If pets aren't allowed on furniture, abide by the rules.

Keep the pests away – Before leaving home be sure your dog is free of fleas and ticks by giving them a bath and using preventative flea and tick control. Leaving behind a stinky smell or pests can prevent you from getting back a deposit or cause the establishment to change their pet friendly policy.

Accidents happen – a new environment can cause even the best-behaved Newf to have an accident, due to stress. Pack some cleaner and paper towels in case you need to clean up *Continued on page 8*

Traveling With Your Pet: What to Consider for Overnight Stays continued from page 7 any messes. Leaving it for hotel staff can result in a loss of deposit.

Keep them leashed– A leash will keep you in control of your dog in common areas and ensure that you're welcomed back.

Most importantly, always clean up after your pet, whether it's in the hotel room or outside on the grounds – or at any time during the trip.

Leaving Your Pet Unattended

Some lodging facilities allow you to leave your pet alone in your room, but it is advised to not leave your pet alone unless necessary and only for a very short time. If your pet will be on their own for large amounts of time, you may want to think about whether bringing them on the trip was in their best interest. Stress can cause a normally well-behaved dog to bark and become destructive. If you must leave your pet alone, crate your pet if you've brought a crate on the trip, turn on the tv or radio to soothe your pet, alert the front desk that the pet is alone in the room and make sure they have your cell phone number. Put the "Do Not Disturb" sign and a note on your door indicating that your pet is in the room. You may also want to consider setting up a pet cam so you can check on your pet (and worry less). And don't forget to leave ample water.

To avoid having to leave your dog cooped up in the room, plan ahead with activities you can enjoy with your dog, such as hiking, walking downtown or on trails, water activities (swimming, boating, etc.), dog-friendly parks, winery and brewery tastings, outdoor tours, and other activities. Research pet-friendly restaurants in the area or ones that allow pets on outdoor patios. A growing number of breweries welcome dogs or allow you to bring your own dinner. Order takeout or pack a meal in the picnic basket and invite your dog to the feast.

If it's unavoidable to leave your pet behind for an extended period, consider finding a local doggie day care in the area for a few hours.

Being prepared, organized, and planning well ahead of time will result in a vacation both you and your pet will enjoy.

Contact TripsWithPets: <u>info@tripswithpets.com</u> <u>https://www.tripswithpets.com/</u>

More information/resources:

https://www.tripswithpets.com/twp-blog/consumer-habits-of-sniffing-out-pet-friendly-hotelsaccommodations

https://www.tripswithpets.com/twp-blog/searching-for-a-pet-friendly-hotel-6-things-to-know-beforeyou-book

https://www.tripswithpets.com/twp-blog/large-pets-lots-of-pets-finding-pet-friendly-accommodationsfor-your-whole-crew

https://www.tripswithpets.com/twp-blog/stress-free-hotel-stays-pet-friendly-hotel-etiquette-tips

https://www.tripswithpets.com/twp-blog/taking-a-trip-with-your-pet-and-worried-about-leaving-himalone-in-the-hotel-room

https://abcnews.go.com/Travel/video/hotels-pets-96856480

Get You and Your Newf Travel Ready continued from page 1

Make Reservations – if you're staying overnight, you'll want to book pet-friendly accommodations well ahead of time to ensure you are not stranded.

Traveling alone? – Be sure to stay in touch so someone knows your itinerary and update them during the trip. It's easy with location-sharing apps or a quick text or photo.

Potty breaks - If you're traveling alone and need to use a restroom, it's not a good option to leave your dog unattended in the car (this is never a good idea in any circumstance). Look for a pet-friendly business to use their restrooms, such as hotel chains or big box stores like Red Roof Inns, La Quinta, Motel 6, Petco, PetSmart, Home Depot, Lowes, etc. You can also stop in at a local veterinarian or groomers to use facilities.

What to Pack– It's recommended to use a crate when traveling with your Newf, for your safety and theirs. Don't forget these items when packing:

- Water at least three gallons
- For hot days, a cooler with ice for you and your Newf
- Food, treats, and medications. Keep medications in the original containers and place all in waterproof and insect proof containers
- Water and Food Bowls
- Leashes and collars
- Pin brush and comb to remove weeds and stickers from their coat
- A favorite toy
- Poop bags
- A first aid and cleaning kit with trash bags, spray cleaner, paper towels, wipes, hand sanitizer, sunscreen, and antihistamine for insect bites and stings
- An old blanket (this can double as a stretcher in the event of an emergency)
- Towels and hand towels for drool and drying a wet dog
- Sheets or reflective tarps and plastic clamps to create a shady area on a hot day
- A current photo of your dog, vaccination record, rabies certificate and health certificate if needed. Also have written instructions with at least two names, addresses and phone numbers of people whom you would trust to take care of your dog in the event you are incapacitated.

"Taking a trip with your Newf can be an incredibly joyful and bonding experience," said Kim Salerno, CEO & Founder of TripsWithPets. "It all comes down to a bit more homework and planning ahead."

More information/resources:

https://www.tripswithpets.com/twp-blog/have-dog-will-travel-6-tips-for-a-solo-road-trip-with-rover

https://newfoundlandpuppy.org/travel.html

Why Hot, Sultry Days Are Called the Dog Days of Summer

The expression, over 2,000 years old, refers to the hottest days in the summer, from early July to mid-August. Romans believed that the rising of Sirius, "caniculares" or the Dog Star, converged with the Sun to make the days very hot during this time.





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Final TNP Open House for 2023 is August 20

The last Open House of the year is Sunday, August 20 from noon to 3pm at 554 Pucker St, Coventry, Connecticut.

Open Houses are a great chance for potential adopters to learn about the rescue process at TNP and the Newfoundland breed. Applications for adoption, TNP's adoption agreement and other information will be available.

There are often available dogs to meet, however, no dogs are adopted out on the day of the event. TNP aumni are also on hand; humans to ask guestions and Newfs to pet. Pizza and soft drinks will be available. Shady spots and water are plentiful and **all** well behaved, leashed dogs are welcome, but please consider leaving your dog home if the forecast is for extreme heat.

The Annual Reunion and Fundraiser is October 1. Don't miss the delicious catered lunch, the famous Newfoundland themed raffle, and all the amazing Newfoundland dogs and their people who will be in attendance.

All TNP events are held rain or shine.

Watch future newsletters and the TNP Facebook page for more information.

Expert Excerpts continued from page 3

sugar in a diabetic patient or a patient with an insulin producing tumor in the pancreas can trigger seizures. Advanced heat stroke can trigger seizures. This list is not meant to be exhaustive, there are many other things out there that could trigger a seizure in a dog.

My general recommendation is if your dog has one seizure, notify your veterinarian and most likely they will recommend an exam with some baseline bloodwork. If it is an isolated seizure, they may suggest that you keep a calendar and keep track of when the seizures occur to see if a pattern can be established, and also to determine how frequently the seizures are occurring. Not all seizures require medication. If a dog has one seizure every six months, generally medication is not required. If they're occurring every month or if they're coming in clusters, meaning one right after another, most veterinarians do recommend treatment at that time. Animals that are having multiple seizures should seek emergency care.

Next month: what to do if your dog has a seizure and treatment

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Found out more at:

https://www.americanexpress.com/en-us/banking/ round-up/frequently-asked-questions/

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