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Keeping your Newf Calm During Fireworks

The following article is reprinted with permission from Marilyn Mele

While July 4th is often a time of celebration and cookouts for humans, it is often one of the most stressful days of the year for pets. Fireworks are often frightening for dogs. That's because the noise is loud, unique, unpredictable, and lacks context.

Terrified dogs panic and feel desperate to escape. They can run blindly into harm's way. Even normally calm dogs can panic. Take nothing for granted and use extra precautions to keep your dog safe and calm.

What specific things can you do right now to protect your dog from noise distress?

Relax with Purposeful Petting

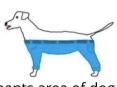
Your most powerful tool to help reduce your dog's noise anxiety is at your fingertips - literally!

Before starting desensitization or redirection, you must first be able to

More Grooming Tools for your Newf

Last month's newsletter (https://that newfoundlandplace.org/wp-content/uploads/ 2023/06/TNP-Newsletter-June-2023.pdf) detailed the basic grooming tools needed to keep your Newf's coat clean and smooth. Additional tools will help with specific tasks if you want to do more advanced grooming.

Hair Stripper– This tool is used to remove unwanted thickness from the coat. Be sure to use a hair stripper sparingly and with proper technique as it is very sharp and will remove a lot of coat very quickly. While it will remove the undercoat, it will also cut through the top coat. Use this tool on the "pants," chest,



rear, and around the neck area to thin out the coat and help it lay flatter and improve air flow to the skin. Some Newfs are prone to very

pants area of dog

thick pants and chest fur.

There are a variety of sizes of hair strippers available. An 18 blade double wide is the

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Who's at TNP?

Kai was surrendered by his previous owner and is being fostered with Faith Ferguson in Connecticut. Kai is 4 years old and was vetted and neutered in June. He will need a home with fencing and is good with older children. Watch for updates in future newsletters and the TNP Facebook page.





Three-year-old **Yoggi** has been at TNP since May 20 due to family hardship. Yoggi needs traditional fencing and a home with no cats or small animals. He has been neutered and vetted. Yoggi is smart, sweet, and energetic. Stay tuned for updates in future newsletters and the TNP Facebook page.

Hershey/Pumpkin is 13-months old and has been at TNP since May 25, due to his owners not having enough time for him. He has been neutered and vetted. this energetic boy will need a home with traditional fencing and NO cats. Stay tuned for updates in future newsletters and the TNP Facebook page.





Jelly Bean is in foster care in with Lori Babcock in New York. This 18-month-old lovely girl has been spayed and vetted and arrived at TNP from a hoarding situation with Val on May 21. Jelly Bean has a home waiting for her. Watch for updates in future newsletters and the TNP Facebook page.

Interested in adopting from TNP?

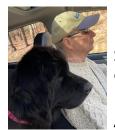
All dogs are placed only in APPROVED homes. Email Nancy for an application: nancy@thatnewfoundlandplace.org. Home checks are also required (virtual or in person).

Keep in mind that TNP places dogs in homes that are in the best interest of the dog, but welcomes applicants to express interest in dogs through TNP Facebook posts.

Recently Adopted

Breezy has been part of Kathy and Cliff Lavell's family since March 18 and is doing wonderfully, including gaining a much needed 29 pounds.

"She's very loving," Kathy said. "She's been so easy." Breezy's had some training in her previous home as she is well behaved and polite. She is enjoying long walks and plenty of treats and attention from Kathy and Cliff.



Breezy has become especially attached to Cliff, who is experiencing some health challenges. "She's like Cliff's guardian," Kathy said. "She watches him. She's very in tune with him." Breezy, who is "five plus" years old, also loves car rides, especially with Cliff.

Breezy shares her Gibson Township, Pennsylvania home with feline brother Atilla as well as chickens and rabbits. Breezy does great with them all,

Expert Excerpts

What you need to know about Canine Influenza

Last month we learned that Canine Influenza Virus, also called dog flu, is a contagious airborne disease affecting dogs and cats with symptoms that include coughing that does not respond to antibiotics and last 10-21 days, runny nose, sneezing, and fever. Canine influenza is transmitted through respiratory droplets released from coughing, barking and sneezing.

Control Measures

It takes 2-4 days for symptoms to develop after contact. During this time, dogs are the most contagious. Infected dogs continue to spread the virus for up to 20 days. Dogs without symptoms also continue to spread the disease. The virus can remain alive on surfaces for up to 2 days, on clothing for 24 hours, and on skin for 12 hours.

Treatment

Treatment is largely supportive; keeping your dog warm and dry, isolated from other dogs, and providing good nutrition and hydration will promote recovery. Some dogs will develop a secondary bacterial upper respiratory infection and may require antibiotics. Anti-inflammatory medications may be needed to reduce fever and inflammation and fluids administered to combat dehydration. Consult your veterinarian to determine the best course of treatment.

Most dogs recover from canine influenza within 2-3 weeks. Dogs exposed to the virus should be isolated for four weeks to prevent further spread. Objects – including clothing - that have been in contact with the infected dog should be cleaned and disinfected to avoid spread of the virus; People should practice good hand washing.

Canine influenza vaccine

A vaccine is available for canine influenza, however, it is not designed to prevent the disease, rather reduce the risk of contracting the disease and severity and duration of symptoms present with infection. The vaccination requires two doses given 2-4 weeks apart

Recently Adopted

Recently Adopted - Breezy continued from page 2

including the neighborhood horses and cows.

The Lavells have had Newfoundlands for over 45 years, a combination of breeder's dogs and rescues, puppies and adults. Breezy is their 13th, and second rescue from TNP.



Kathy described Breezy as having a true Newfoundland personality and temperament. "She's a sweetheart and smart. Her tail is always wagging. She is a happy girl." Breezy is also wonderful with kids, especially Kathy and Cliff's grandchildren. "We're excited to have her here as part of our family," Kathy said.

Beth Finucane-Albert and Brett Albert of Westwood, Massachusetts adopted 3-year-old **Princy** on May 5.



"She's a sweetheart," Beth said. Princy is already bonded with Beth and Brett. To ease the transition, Brett spent the first

few weeks sleeping downstairs with Princy. "He's a nurturer," Beth said.

It has taken Princy a little time to get used to new people, but Beth and Brett are giving her space to adjust. They are slowly integrating her with other people and the neighborhood. Princy is

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Recently Adopted

Recently Adopted - Princy continued from page 3

comfortable with Beth and Brett's daughter Laney who is home from college for the summer and has met their son Quinn who visited at the end of May.

Beth and Brett have discovered that Princy is very quiet. She loves walks, which she gets twice a day, as well as car rides and other dogs. And she adores food. They are looking forward to introducing Princy to water. "She is sharp and knows her boundaries," Beth said. "She likes to cuddle and be near you."

As a child, Beth met her first Newf on Cape Cod. She had a friend whose aunt was a breeder and fell in love with the breed.



Princy is Beth and Brett's third Newf and first rescue. Both of their other Newfs came from a breeder in Connecticut. They got Lucy in the mid 1990s and she lived to age 12. Yogi became a member of their family in 2013. He passed away in September 2022 from a heart attack at age 9. Beth and Brett were interested in rescue this time because of the availability of older dogs. "I love puppies and have enjoyed raising them, but this is a heck of a lot easier," Beth said. "[Princy] is housebroken. I felt it was the right way to go. It's been a learning experience."

Beth and Brett will be changing Princy's name to Winnie, but for now are calling her Princy Winnie. "With all the changes I didn't want to take her name away so we will transition to just Winnie in the future," Beth explained.

Princy is a well-traveled Newf, having originated in Russia. She moved to Alaska with her first family who was in the military and then to the east coast, in Maine and then Vermont before she arrived at TNP. Despite all the move, "she seems happy and adjusted well," Beth said. "I think she is going to be great."

Eight-year-old **Ruthie** arrived at TNP on May 17 after her owner went into assisted living. While in foster care it was discovered that Ruthie has a heart murmur and was subsequently diagnosed with congenital Subaortic Stenosis, or SAS. Ruthie has been adopted by her foster mom Brenda Claire in Pennsylvania, who will manage Ruthie's treatment as there is no fix for SAS. Management will include cardiologist follow ups. Stay tuned for updates in future newsletters and the TNP Facebook page.





Sandy, Jerry, & Judy l to r in front: Gemma and Joey

Jasper, now Joey, was adopted by Jerry and Sandy Thomas on June 6 and has adjusted nicely in his Derry, New Hampshire home.

"He's a wonderful dog," Jerry said. "He is by far the most loving, soft, gentle creature we have ever had the privilege to share our home with. We love him and that is his great gift for us." That's quite the testimonial as Jerry and Sandy have had 13 dogs - 10 of them Newfoundlands – over 43 years of marriage. Four Newfs have come from breeders and six from rescue, including two from TNP. Josh, their

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Recently Adopted

Recently Adopted - Jasper aka Joey continued from page 4

first TNP rescue passed away in March 2023 at age 12 and a half.

Jerry and Sandy's first dog was a black Lab when they lived in California in the 1980s. Then they saw a Newfoundland puppy at a pet store and have been hooked on Newfs ever since. "We like the temperament," Jerry said. "We are not too active. A Newfoundland is a lifestyle choice."

Joey shares his home with Jerry's cousin, Judy Taché, and a Newfoundland sister, Gemma. Joey and Gemma, both 6 years old, are still getting to know each other but are already starting to sleep together. They both enjoy playing in their large fenced-in yard. "I like to keep them protected," Jerry said. "I don't let them run loose at all." Joey and Gemma also love car rides and living the good life with Jerry and Sandy. "We don't have any children. They are our kids." Joey has already shown his appreciation to his new family with lots of love.



Val was spayed and had an entropian eyelid repaired while in foster care in New York with Lori Babcock. This 6-year-old easy going girl was adopted on June 25 by Brooke Elkan Moore of Windsor, New York. Watch for updates in future newsletters and the TNP Facebook page.

Layla was surrendered to TNP in April because her family did not have enough time for her. She has been living with her new family in New Jersey as a foster since mid June and will be adopted after her upcoming spay surgery. Watch for updates in future newsletters and the TNP Facebook page.





Three-year-old Matilda was surrendered to TNP on May 20 due to family hardship and was adopted by her new family on July 1, after she healed from her spay surgery. Stay tuned for updates in future newsletters and the TNP Facebook page.

After being fostered by Nancy Weaver in New Jersery, **Neptune** will go to his new family in Orange, New Jersey the first weekend in July. Watch for updates on this 16-month old boy in future newsletters and the TNP Facebook page.



July is National Lost Pet Prevention Month™ and July 1 is ID your pet day

The American Humane Association estimates over 10 million dogs and cats are lost or stolen in the U.S. every year; One third of pets will be lost at some point during their life. Microchipping your pet and outfitting their collar with ID tags will increase the chances of them being returned to you as only 15 percent of dogs and 2 percent of cats in shelters without ID tags or microchips are reunited with their owners.

More Grooming Tools for your Newf continued from page 1

most commonly used for Newfs. Be sure to replace the blades when they become dull to avoid damaging the coat.

How to use it- The stripper has very sharp blades. Be careful not to cut your Newf's skin when using it. This tool should not be used if there are mats because it will snag on them. It's best to brush out your Newf before using a stripper. To thin the fur, lift the fur and starting at the roots, brush the stripper through the coat. Then use a comb or brush to remove the coat that has been stripped. Check often to ensure you are not creating bald spots or uneven thinning.

Thinning shears– Thinning shears are versatile and can be used to trim ears, feet, pants, etc. This type of scissors are specially designed to remove a small amount of hair with each cut. They can create a much softer cut and a more natural flow to the hair. Good quality shears will stay sharper than a less expensive version.



Shears come with a specific number of teeth; the higher teeth count, the finer the cut. Less teeth will result in a choppier cut. The 40 plus teeth shears are a good option. There are single- and double-bladed thinning shears. The single blade has one solid blade and one toothed blade.

Pin brush– The pin brush can be used for daily brushing. It does not get down to the skin and is more of a surface brush that will remove light snags and knots and debris and improve air flow to the skin. It does not replace the need for removing the undercoat.

There are a variety of pin brushes available. It is recommended not to use the brushes with balls on the ends of the tine as they will snag the coat and likely fall off. The 27mm tine length is best for a Newf coat. Different shapes are available for different tasks – long narrow brushes work well in the armpit and groin areas. Oval shapes are best for backs, legs, etc. Prices vary for pin brushes, with more expensive ones lasting longer because the tines do not bend as easily.

Matt Splitter– As the name suggests, matt splitters break up matts so they can be combed easily. Single mat splitters have a single blade that removes the entire matt in one swipe. They can leave a spot of missing fur, so use in a hidden area. Multiple blade matt splitters have a row of teeth that break up the matt in pieces. All matt splitters have very sharp blades so be cautious to avoid cutting your Newf's – or your – skin.





Clippers– Clippers can be used to trim paw pads or shave a patch of fur from your Newf's stomach from their armpits to the groin to prevent matting and keep your Newf cool in the summer. Clippers are also great to shave the area around a hot spot (a red, inflamed skin lesions that is moist and may ooze) to allow air flow and promote healing.

There is a wide variety of clippers available. Cordless ones are a good option for dogs that don't sit still very well for grooming. Clippers also come with blade combs. A #2 or #3 blade comb does a good job shaving the stomach area.

Dryer– Dog-specific high velocity dryers are helpful to dry your Newfoundland's double coat down to the skin, which helps prevent hot spots and other skin irritations. It can also be

More Grooming Tools for your Newf continued from page 6

used to remove dust and dander from the coat in between baths. Your Newf may not like the dryer at first, so take the time for them to get used to it, using it in small amounts and slowly increasing the frequency until they are comfortable.



There are many options for dryers. The most popular are the K9 series, Metro Air, Double K, and Chris Christensen. The K9II or K9III are popular among Newf owners. Dryers are expensive but worth the investment. Drying time is significantly reduced with more powerful dryers.

Grooming Table– If you are planning to do your own grooming or a significant amount of



maintenance, a grooming table will save your back and may help control a fidgety Newf. Tables come in fixed and adjustable heights. The recommended height for a Newf is 24 inches, the length 48 inches.

Consider the use of the table when contemplating surface type. If you will be washing your Newf on the table a coated table such as the GroomRight is recommended as wood will warp over time. A grooming arm and noose will help control your Newf when they are on the table. Using a ramp or stairs to

get your Newf on the table is best for your back but you can also train them to put their front paws on the table while you boost them up. NEVER leave your Newf unattended on the table and NEVER LET YOUR NEWF JUMP OFF! Always help them down.

Source: Newf friends Newfoundland Dog Rescue "Grooming Your Newfoundland"

Keeping Your Newf Calm During Fireworks continued from page 1

create a sense of calm relaxation when stress triggers like fireworks are not present.

Research shows that brief and consistent petting and stroking a dog can produce a lasting relaxed mental state.

Here's how to accomplish Purposeful Petting:

Accompany your dog to a safe haven or another favorite spot in your home. Using long, slow strokes, pet your dog's head, neck, and body while you speak gently and affectionately.

After a minute or two, remove your hands for just a few seconds. Then start to pet your dog again in the same slow way as before. Pause the petting for a few seconds every one or two minutes.

Notice what your dog does during those short pauses. Does the dog show in some way that he wants the petting to continue? Does the dog's behavior suggest that he feels emotionally calm?

Repeat these brief sessions every day as often as you can. The act of creating a calm mental state with purposeful petting becomes more repeatable over time with consistent practice.

When Purposeful Petting is an established habit, you can then use it to assist your dog in achieving calmness during stressful experiences.

Physiological Distress

Observable signals will tell you if your dog is experiencing distress.

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Distress Signals:

- Panting
- Dilated pupils
- Eyes wide and whites showing
- Shedding
- Drooling
- Refusing food treats
- Corners of the mouth pulled back
- Muscles stiff and tense
- Urination, Defecation
- Sweaty paws

- Vomiting
- Redness in the eyes
- Ears back or flat
- Tail down or tucked
- Hypervigilance
- Hyperactive, restless
- Jumping & mouthing
- Destructive
- Excessive licking
- Unable to focus, staring, looking away

Never force or coax a dog to confront or even to approach any person or thing that triggers fear. Don't allow any person the dog fears to approach or try to "make friends" with the dog. To the dog, the fear is real and feels like a threat.

The first step in assisting a distressed dog is to help him feel safe by returning to his comfort zone. Help the dog get to a comfortable distance away from the fear trigger.

Early Signs of Distress

When dogs panic, they become unpredictable. You know best what's

"normal" for your dog, so be alert for early signs of stress, actions that are not normal behavior for your dog. Interrupt and redirect the behavior or change the environment before anxiety spirals into panic.

Distraction and Redirection

High-value treats are effective distractions for dogs that are already calm or only mildly anxious.

However, very anxious or panicky dogs will refuse food. Coaxing a stressed dog to eat could have the unintended consequence of having the dog connect their fear to the food treat.

For that reason, the best time to offer your dog high-value treats is before a stressful experience begins. Keep dogs calm and focused by giving them little tasks to earn rewards. For a Fearless 4th, offer high value treats before the noise is enough to frighten the dog.

Be prepared this July 4th and Click for your Fearless 4th Care Checklist.

MY DOG'S FEARLESS 4TH DISTRESS SIGNALS

Bonding With Your Dog Checklist: <u>https://www.marilynmele.com/quickstart-checklist-bonding-with-your-dog</u>

Find out more about Marilyn Mele at <u>HTTPS://DOGWISDOMWORKSHOP.COM</u>



Photo from Pexel

Large Turnout at TNP Open House

The second TNP Open House of the summer - on June 4 - was a success with many Newfs and their humans in attendance. TNP Alumni and interested adopters interacted while Newfs enjoyed the cooler than usual June temperatures and humans were relieved the rains held off. Four Newfs available for adoption - Matilda, Yoggi, Pumpkin, and Jasper - were on hand to meet with families. Several applications were filled out and dogs will be matched with the home most suitable for them.



Final TNP Open House for 2023 is August 20

TNP will hold the last Open House of the year on Sunday, August 20 from noon to 3pm at 554 Pucker St, Coventry, Connecticut.

Open Houses are an opportunity to meet with TNP alumni and potential adopters as well as the learn about the breed and how the TNP rescue operates. Dogs available for adoption are often available to meet, however, no dogs are adopted during Open Houses. All well behaved, leashed dogs are welcome, but please consider leaving your dog home if the forecast is for extreme heat. Pizza and soft drinks will be available.

Applications for adoption, TNP's adoption agreement and other information will be available.

The Annual Reunion and Fundraiser is set for October 1. Enjoy an fabulous catered lunch, the famous Newfoundland themed raffle, and all the amazing Newfoundland dogs and their people who will be in attendance.

All TNP events are held rain or shine.

Watch future newsletters and the TNP Facebook page for more information.

Expert Excerpts continued from page 3

and immunity is provided about 14 days after the second dose. Talk to your veterinarian about your dog's risk for dog flu and whether vaccinating is suitable for your dog.

Sources:

https://www.avma.org/resources-tools/animalhealth-and-welfare/canine-influenza

https://vcahospitals.com/know-vour-pet/canineinfluenza-the-dog-flu

https://www.newfdoghealth.org/canineflu.html

https://www.akc.org/expert-advice/health/the-dogflu-symptoms-you-need-to-know/

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Found out more at:

https://www.americanexpress.com/en-us/banking/ round-up/frequently-asked-questions/

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