## Newfie News



Rescue With A Heart

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#### **Creating Authentic Dog-friendly Communities**

Beth Cherryholmes Miller aims to make America the most dog friendly and accessible nation in the world. One town at a time.

Beth is the founder of Wagtown®, and is the nation's top expert on dog-friendly communities. She has used her 27 years of experience in strategic planning, advocacy marketing, graphics, and brand development at Wagtown since 2016 and has created a nonprofit that quantifies, qualifies, and promotes community through the creation of more authentic and responsible dog-friendly neighborhoods in the US.

Since 2016, Beth has conducted over 600 interviews with numerous stakeholders of potential dog-friendly communities: economic development boards, animal care organizations, tourism groups, city & town infrastructure leaders, housing and urban development departments, parks & recreation departments, restaurants, and animal welfare and rescue groups such as ASPCA. "I wanted to find out what is it about communities that allowed them to become dog friendly," Beth said. She found that despite research about health benefits of dogs, dog friendly towns were largely not a consideration.

"Dog-friendly communities have better economic growth. Dollars follow dogs," Beth said. The communities are vibrant, stronger, and better connected, and attract visitors that want to have experiences with their dogs and other dog owners. "Dogs are social animals and dog owners share an instant bond - the love of dogs," she said. Beth believes that the core vitality of livable communities across the US can be strengthened through dog-friendly projects, programs, and initiatives.



Wagtown SMART Dog Park in Yellow Spring,

#### **Dog-Friendly Benefits**

Wagtown's values reflect the positive impact dog-friendly workplaces, public spaces, dog parks, and neighborhoods have on their broader communities. Backed by research, authentic dog-friendly communities are:

Photos in this article courtesy of Wagtown.

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#### Who's at TNP?



**Sully** is still with his foster family in Long Island, NY. Two-year-old Sully has healed from ACL surgery on both legs and is doing well. He is now able to walk and has a much improved quality of life. He will be x-rayed by his surgeon in Long Island, then head to TNP. Sully should arrive in time for the August Open House.

Nova arrived July 7 due to family hardship. 13-month-old boy was neutered on July 11. He has healed well and this energetic boy is ready for his new home.





Annie was surrendered to TNP due to family hardship. This 11-month-old female Landseer arrived on July 21. She enjoys swimming at the pond and is good with kids. Annie's spay surgery is scheduled for August 1. After she is healed, she will be a great addition to her new family.

Nine-month-old female Landseer Khaki arrived TNP on July 21 due to family hardship (different family than Annie). She has a lot of puppy energy but is a sweet girl and will be a great dog for the right family. Khaki is currently in foster care in MA with TNP team member Rebecca and has a Collie foster sister named Penny. Thank you to Team member and NJ/Eastern PA/DE Coordinator Nancy Weaver for helping get Khaki and Annie into TNP and helping with transport.





Eli arrived at TNP on July 30 due to family hardship. He is about 16-weeks-old and will be vetted in August. Watch the TNP Facebook page and future newsletters for updates on this sweet boy.

Callie was surrendered to TNP due to family hardship in July. At 11 years old she will not be adopted out, rather is now a permanent resident at TNP. She has a few medical issues and is receiving medication for her eyes, ears, and skin, but once healthy will live out her golden years in comfort with Cathy and Ed.



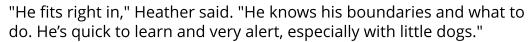
#### Interested in adopting from TNP?

All dogs are placed only in APPROVED homes. Email Nancy for an application: nancy@thatnewfoundlandplace.org. Home checks are also required (virtual or in person).

Keep in mind that TNP places dogs in homes that are in the best interest of the dog, but welcomes applicants to express interest in dogs through TNP Facebook posts.

#### **Recently Adopted**

**Kobe, now Kirby**, is firmly established with Heather & Tim Bruhl and their 18-year-old daughter, Taylor, in Kennebunk, ME.





At a year-and-a-half, Kirby has a lot of puppy energy. The Bruhls are still working on training as Kirby likes to mouth, but doesn't bite. Heather noted he has been very good on his lead, and does not pull.

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#### **Recently Adopted - continued**



Kirby was being fostered in New Jersey, surrendered because he didn't get along well with other male dogs in the home. That's no longer a concern as Kirby is the only pet for the Bruhls. He has already been active with the family and has gone to the park, a concert, the beach and river, on the boat, and in the convertible and has done well in every situation. "He's a happy dog," Heather said. Kirby also has a swimming pool at home but has not tried that yet. With so much access to water, Heather hopes he will enjoy swimming.

In addition to his many outings, Kirby enjoys a huge basket of toys which he likes to scatter about and is very motivated by food, sitting by the fridge for a snack.

The Bruhls have had Newfs for 24 years. Kirby is their third. Dudley was their first, then Brodie, whom they adopted from TNP after meeting Cathy at Newfie Fun Days in Eliot, Maine. Brodie passed away in August 2020 at age  $13 \, \%$ .

The Bruhls waited nearly 2 years for another Newf. They were getting discouraged that they were not matched. Heather saw Kirby (then Kobe) on the TNP Facebook page and expressed her interest. A few weeks later, after seeing a video of Kirby, Heather was convinced. They picked him up on June 7, after he arrived at TNP from his foster family. "He's such a love. He's perfect for us," Heather said. "He was worth the wait."

**Chewie** is in his new home with Jan and John Laforest-Roys in Farmington, CT. This 3-year-old boy now has a Newf sister, Gracie, and and two cats,



Chewie (l) and Gracie (r)

Piper and Max. "Chewie is fitting in really well!" Jan reported. He has learned the art of sofa napping from Gracie and has become fast friends with Piper. Chewie was adopted on June 24.



Piper gets on Chewie's level

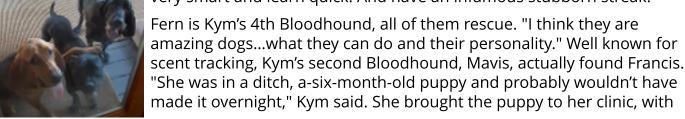
Kym Libucha of North Providence, RI adopted **Daisy Mae, now Fern**, the 8-month-old Bloodhound on July 2.

"She's doing great," Kym said. Fern gets along well with 11-year-old Pitbull Francis and her 11-year-old Bloodhound sister Francine, whom Kym rescued about a month earlier. Kym works for a cat shelter and also has six indoor cats, who get along pretty well with the dogs.



Kym described Bloodhounds as "generally couch potatoes and very lovable. They love to be

on your lap and love to be with people." She also noted that they are very smart and learn quick. And have an infamous stubborn streak.



(l to r) Fern, Francis, and Francine wait at the door at dinnertime

#### **Recently Adopted - continued**

no intention of keeping her, yet 11 years later, Francis has now become a playmate for Fern as they have an equal amount of energy.

Kym lost Mavis two years ago on Thanksgiving and a few months ago began putting feelers out to find another Bloodhound. She found Francine through the local animal shelter and then Fern through TNP. "Eventually one finds me," Kym said. Now she has two Bloodhounds in her life and couldn't be happier.



**Abby** is a "very loved little lady" with Chris and Sara Lundgren and their children Bradley, 6, Harper, 5, and Henry, 3, in Bridgewater, MA. She has been with the family since June 23 and they are still establishing routines and figuring out schedules, but so far the

transition has been seamless. "We're so happy she's part of the family," Sara said.

Eighteen-month-old Abby is the Lundgren's first Newfoundland and first family dog. They researched the breed online, went to rescue events at different organizations, and spoke to breeders to find out all they could. "How they tolerated young children was the number one priority for us," Sara said. Abby has not disappointed. "She's wonderful with the kids," Sara said. Abby has been on alert when the kids are swimming in the pool and been a lovable playmate.

The Lundgrens also took care to acclimate their children to a giant breed dog. Chris had large dogs growing up and they exposed the kids to rescue



(l to r) Harper, Abby, Henry, and Bradley enjoy some snuggle time on the couch event where they could interact with the dogs. They are confident in their choice. "She's the one for us," Sara said.

#### **TNP Alumni**

It was a long time between Newfs, but Cathy & Rob Carbone of Merrimack, NH, "hit the jackpot" according to Cathy when they adopted Atlas in February 2020. Atlas was rescued with his brothers Monte (adopted in CT)



and Huck (adopted in MA) in January 2020 from New Jersey where they were living in a barn with 11 other Newfs. Atlas was about 9 months to a year old at the time.

"He's kind of a nut," Cathy said. "He's so active and agile. We never knew Newfs could jump the way he does and play soccer. He loves tennis balls, his Kong Wubba toy and squeaky toys." Atlas is also a great friend to the

Carbone's 22-year-old twins: Emma, who is in college and lives at home, and Alex, who is in the Navy stationed in Virginia. Atlas has been on road trips to visit his human brother.



The Carbone's first Newfoundland was a Landseer named Gracie May, whom they got from a breeder as a puppy. She passed away in 2015 at age 10. "The kids adored her and she adored them," Cathy said. "They were her litter mates."

Rob grew up with three Newfoundlands. He was especially attached to Gracie and was devastated when the family lost her; She was the family's first dog. Cathy missed a dog greeting her when she got home and

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Interested in contributing an article to the newsletter about your dog(s) or experiences? Contact Joanna, editor & publisher at joanna.L.dumas@gmail.com.

#### **Expert Excerpts**

#### **Dehydration**

From the AKC website:

https://www.akc.org/expert-advice/health/warning-signs-dehydration-dogs/

Canine dehydration can quickly lead to serious health problems for your dog.

Know the symptoms, treatment and prevention.

Canine dehydration occurs when the body fluid output exceeds input, namely water. So, how can you tell if your dog is dehydrated? Unfortunately, our dogs can't tell us they're thirsty, but knowing the signs of dehydration can help dog owners respond quickly and also catch potential serious medical conditions before they become life-and-death emergencies. According to Dr. Jerry Klein, the AKC's chief veterinary officer and an expert in veterinary emergency and critical care, symptoms of canine dehydration include:

- Loss of skin elasticity
- Loss of appetite
- · Vomiting with or without diarrhea
- Reduced energy levels and lethargy
- Panting
- · Sunken, dry-looking eyes
- Dry nose
- Dry, sticky gums
- Thick saliva

Loss of skin elasticity is the easiest signs to test for dehydration. To test for it, Dr. Klein suggests that you gently hold some of the dog's skin near his shoulder blades, raise it up, and then let it go. Watch carefully as it falls back into place. In well-hydrated dogs, the skin instantly will spring back to its original position. The skin of dehydrated dogs, on the other hand, will take longer to fall back into place.

"It's a good idea to first test your dog's skin when you are sure he's well hydrated, so that you have a base for what normal skin elasticity feels like. This is especially important for owners of wrinkly breeds, such as Bulldogs or Neapolitan Mastiffs, because their skin may not be as elastic, even under normal conditions," Dr. Klein said.

Another test is to check your dog's gums to feel whether they're sticky and dry, and while you're doing that, test for capillary refill time. Press your finger gently against your dog's gums and then remove your finger. In a well-hydrated dog, the area where you pressed will appear white for a second, and then return to its normal pink color almost immediately. In dehydrated dogs, the capillary refill time takes much longer.

#### **Treating Canine Dehydration**

If you suspect your pet is dehydrated, first make sure he drinks plenty of fresh, cool water, especially in hot weather. In a vicious cycle, dehydrated dogs can lose their appetites, which causes them to eat less, and therefore eliminates the water content they would normally get from their food.

He also may need to have his electrolytes replaced because when his body isn't getting

Creating authentic Dog-friendly Communities continued from page 1

Humane - strong animal cruelty legislation, the absence of breed profiling, and admirable support of rescue and adoption organizations are critical to dog-friendly communities.

Responsible - responsible pet ownership is exemplified by registering, vaccinating and training dogs to be sociable and safe.

Safe – increased foot traffic and community connections create safer communities. Dogs create a safer neighborhood through their acute senses in detecting abnormal behavior; Dog owners are outside the home walking, playing, and socializing their dog, thus becoming an increase layer of the "eyes, ears and noses" of the community.

Healthy – multiple studies confirm that dogs improve our physical and emotional health. Increased fitness, reduced stress, lower blood pressure and cholesterol levels, and increased overall happiness can all be attributed to having a dog in our lives.

Welcoming - Wagtown dog-friendly communities are more welcoming to residents, workforces and visitors. Including infrastructure that is dog inclusive, communities are built to help people connect with dogs and with each other.

Authentic - dog-friendly communities help people see past differences and look at our dogs and ourselves with understanding of everyone's individuality and strength.

Economically Vibrant - The economic impact of authentic dog-friendly policies on a community extends beyond the dog-friendly office. Dog owners spend money caring for and spoiling their pups, often at locally-owned stores.

Wagtown brings replicable and responsible solutions beyond dog-friendly communities that range from dog attitudes, prioritization, dog parks, legislation and more. They offer consulting services related to dog-friendly communities in the fields of architecture, interior design and urban planning design, lobbying services, project management, public advocacy, and the humane treatment of animals.

#### **Dog Parks and Trails**

As part of her research on dog-friendly communities, Beth discovered that dog parks had largely been ignored, despite having been around since 1979. "There is no regulation around dog parks," she said. "People want more than a simple fence and poop bags." So, Beth created the SMART Dog Park. SMART stands for Safety, Manners, Awareness, Responsibility, and Training. The first SMART Dog Park opened in Yellow Spring, OH in fall 2021.

In addition to helping create the dog parks, Wagtown offers SMART Dog Park Professional education and certification by empowering towns, businesses, pet-service providers, employers, restaurants and retailers to create better experiences and dog-welcoming spaces. Dog play is now safer, accessible, more inclusive, and equitable through SMART Dog Park.



Spots are a perfect

The nonprofit also designs Wagtown Dog Trails, complete with Wagtown Barking Spots along the route. The first Wagtown Dog Trail to be launched is a two-mile walking loop that increases walkability for pedestrians (both human and canine), fosters social experiences, encourages healthy lifestyles, and can funnel traffic to local businesses or connect green spaces. Wagtown Dog Trails have also been used as locations for community programs and a

resource for local dog-friendly events (via informational signage). Wagtown Barking

place for service dog puppies to practice socialization while out in bustling public spaces

#### **Final TNP Open House of 2022**

Sunday, August 21

554 Pucker Street, Coventry, CT Noon to 3 pm Pizza and soft drinks will be served.

Meet with other adopters and those wanting to learn more about the breed and rescue. Potential adopters will be able to meet some of the dogs up for adoption and learn about TNP.

No dogs are adopted out on the day of the Open House; It is a meet and greet event. Applications and TNP's adoption agreement will be available.

Well-behaved, leashed Newfs - or other dogs - are welcome. Do not feel that you must bring your dog in excessive heat and humidity, especially older or health-compromised dogs. Shady grounds, kiddie pools, and air conditioning is available, but please do not put undue stress on your dog. Of course, no dogs can be left in cars during hot weather.

### SAVE THE DATE Annual Reunion and Fundraiser

October 9 at TNP!

Visit with fellow Newf owners, enjoying delicious food, and buy raffle tickets for a chance to win one-of-a-kind Newfoundland items, baskets and more, all to support That Newfoundland Place.

All events are open to the public, held outside, and are subject to COVID protocols.

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eventually began looking into rescues. "I thought 'we don't have to have a puppy"" she said. "I thought everyone needs a second chance." She could easily be describing her family in that manner too.

Cathy applied at South Central Newf rescue, not realizing they covered Indiana, northern

Kentucky, and western Ohio. She was called for a home visit and spoke with Nancy Oneal-Molnar, who also does home visits for TNP. Nancy recommended TNP due to their location so Cathy applied. The Carbone's had a home visit in November 2019 and three months later got the call about Atlas. They were willing to go to Connecticut to pick him up but since the Carbones have 2 cats - Jackson and Thumper and there was no history on Atlas's behavior with cats, TNP staff Cathy Derench and Shyann brought Altas to New Hampshire to make sure he would be okay with feline friends. They left alone. With Atlas, the Carbone family is complete again.

Creating authentic Dog-friendly Communities continued from page 6

While each Wagtown Barking Trail is customized to create the best outcomes for local dog-friendly communities, they all include:

No mess - dog waste stations are available along the trail
Intuitiveness - dog-paw path indicators guide users along the 2-mile trail
Easy navigation – trails are clearly marked with giant paw prints personalized for local dogs
Lots of Fun - in partnership with local artists, there are ample spots to rest, tether your dog, connect with other dog lovers, and engage creatively with your four-legged friends

#### **Everyone Benefits**

All of society, not just dog owners, reap the benefits of fully integrating dogs in the community. Wagtown gives leaders and dog lovers across the US the tools to raise the level of dog-friendliness in their communities. The community supplies the dogs.

For more information visit: <a href="https://www.wagtown.org/">https://www.smartdogpark.com</a>

#### **Community Notes**

#### **How You Can Help TNP**

People often ask how they can help That Newfoundland Place. Expenses – particularly medical bills and food – remain the biggest challenge.

Dogs are never turned away at TNP due to medical issues or needed surgery. In fact, dogs that can experience an improved quality of life with surgery – such as Sully – are indeed "rescued" as they may otherwise be euthanized because of the high cost of surgery. In addition, all rescued dogs receive comprehensive vet checks, bloodwork, and spay/neuter as needed. Many dogs also need follow-up care with a specialist or surgery to repair an injury or illness.

Despite receiving a discount, TNP expenses for veterinary care through May 2022 have increased 135% from last year. **TNP is grateful for any donations toward veterinary care.** 

You can give via the TNP website: <a href="https://thatnewfoundlandplace.org/">https://thatnewfoundlandplace.org/</a> (click the PayPal link on the right) or mail a check to That Newfoundland Place, 554 Pucker St, Coventry, CT 06238. **Thank you!** 

#### Wanted: Grant Writer

Do you have experience writing grants? TNP is seeking someone to research grants, write proposals, and follow up. This is an ongoing commitment; however, hours are flexible. Contact Cathy Derench at <a href="mailto:cathy@thatnewfoundlandplace.org">cathy@thatnewfoundlandplace.org</a> or call 860-465-6839.

#### Where Can You Find Resources?

Do you need help finding a new veterinarian or specialist? Are you looking for a groomer because your Newf is less mobile and not able to get on a grooming table? If you need help finding a professional with any aspect in caring for your Newf, ask!

Resources are available – your veterinarian, fellow Newf owners, your local rescue, etc. Most importantly, don't give up until you get the services you need. For example, many mobile groomers may not be able to groom your mobile-challenged Newf because he is "too big." Ask for more references. Eventually you will find someone who can help.

Remember, That Newfoundland Place is always a resource. Reach out to Cathy Derench at <a href="mailto:cathy@thatnewfoundlandplace.org">cathy@thatnewfoundlandplace.org</a> or 860-465-6839 or post on the TNP Facebook page.

#### **Keep Your Newf Safe in the Water**

Newfoundlands are the ultimate water dog. There are hundreds of stories of lifesaving Newfs who braved icy (and warm) waters to save humans from drowning and Newfs being added as lifeguards at beaches. But not every Newf loves the water and knows how to swim. Here's a short list of safety tips you can take to ensure your Newfie enjoys his time in the water: Use a **life vest with handles** in case your dog fatigues and **flat toys** to retreive to avoid swallowing too much water; practice **how to leave the pool** without help; use a **long line when in open water** in case your Newf goes out too far; **don't let your Newf drink from the hose and sprinkler** as the water can contain bacteria; and give your Newf **rest periods** to prevent exhaustion.

From Marilyn Mele Dog Wisdom Workshop

enough water, fluids containing electrolytes are drawn out of the cells, causing an imbalance that affects his organs. If your dog is not vomiting, you can try giving him an electrolyte-enhanced fluid like Pedialyte. Check with your veterinarian for dosage recommendations.

"If your dog has any of the symptoms of dehydration listed above, persistent vomiting or you suspect heatstroke, take him to the vet immediately; this is considered a medical emergency," Dr. Klein said. "The vet can administer subcutaneous or intravenous fluids to most quickly replace the fluids that were lost and prevent further loss."

Since dehydration is often a symptom of a larger problem, your veterinarian will want to diagnose and treat the underlying condition. This process will depend on your dog's other symptoms and could involve anything from blood work to x-rays or other tests.

#### **How to Prevent Dehydration in Dogs**

The best way to protect your dog from dehydration is to make sure he doesn't get in that condition in the first place: provide him with a constant supply of clean, clear water at all times, including when you take him outside. Some dogs drink more than others, so you may need to take extra care to make sure that picky drinkers get enough water. Some dog owners try flavoring water with bone broth or giving their dogs ice cubes to chew on.

Depending on the weather and temperature, and the activity level and exercise of your dog, he will probably need more water on some days than others. As a general rule, dogs require at least one ounce of water per day for each pound of body weight. Your veterinarian can offer advice about how best to ensure your dog consumes enough fluids, based on his age, weight, and condition.

We can't always prevent our dogs from getting sick, beyond keeping them up-to-date on their vaccines, and providing them with a healthy diet, exercise, and regularly scheduled examinations by a veterinarian. But understanding the importance of providing our dogs with ready access to fresh water and knowing the signs of dehydration can help us prevent dehydration and catch it before it becomes dangerous.







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That Newfoundland Place Inc. is a nonprofit corporation organized and operated exclusively for charitable purposes. Specifically, this organization has been formed to prevent cruelty to animals. Our mission is to offer quality of life to senior dogs of various breeds, to assist in rescue, rehabilitation, and re-homing of dogs in need, with a focus on Newfoundland dogs, and to provide humane education as related to care and life quality. of animals. Cathy Derench, President

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