

# Newfie News



October 2021

VOLUME 3

ISSUE 2

## Hiking With Your Newf

With cooler temperatures, less humidity, and bright foliage on display, October is a great month to hike with your Newf. If your dog enjoys walking and exercise, a hike may be the perfect way to spend time with your four-legged friend.

A Newf in good physical shape should be able to take a three- to five-mile hike with you in cool weather. Some dogs may be able to go longer distances and some shorter. Be mindful of your Newf's limits and you can both have an enjoyable experience.

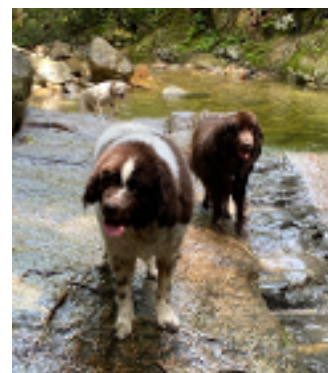
### Planning a hike

There are a few things to consider when planning a hike. First, do your research about the trail. Think about any water features on the trail, wildlife, plants and pathogens.

Next, be sure the physical condition of your dog is adequate for the conditions of the hike (puppies aren't well suited for hiking; young pup's bones and immune systems aren't fully developed). Try to avoid rocky trails that can damage paws. For new or infrequent hikers, easy terrain (dirt with little elevation) is best. You can always build up strength and stamina for future hikes that are more moderate in difficulty. Your dog should be socially up to the hike as well, knowing basic commands and manners.

Then, familiarize yourself with the rules and regulations of the hiking area. Many national forests and state and local parks allow dogs on their trail systems, though rules vary, and nearly all require dogs to be leashed. Pets are prohibited at most state beaches, picnic areas, and historic sites.

It's also important to keep your dog's vaccines up to date. You never know what he or she may be exposed to in the wild, such as animals with rabies or other conditions. Be up to date on flea and tick prevention as well and check your Newf after the hike for any pests that have latched on.



front to back: Biscuit, Vivien & Keeny at Sabbaday Falls, NH. Photo courtesy of Susan Shea

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## Who's at TNP?

Two young female Cane Corsos (Maya & Cassie) were picked up wandering and TNP is seeking a forever home for this bonded pair. They must be adopted together. They have a sweet temperament and are good on a leash. The girls are amazing with kids! TNP would love to have giant dog folks who may not JUST be looking for a Newf, but perhaps open their heart and home to these two lovely girls. Maya & Cassie will be spayed mid-October.



## Recently Adopted



**Cooper**, age 6, went to his foster-to-adopt home with Richard Reipe on August 6. One of Cooper's owners had passed away and his other owner was not able to keep him. The adoption, facilitated by

TNP, was an owner transfer. Richard met with a friend of the family in Pennsylvania to pick up Cooper. "Initially I could tell he was a little sad but his personality has come out and he's gotten used to me," Richard said.

Richard has had two Newfoundlands since 1998 and lost Kodi at age 14 in February. Cooper is his first rescue. "I always knew I would stick with the breed," he said. "I love them so much. I always wanted to rescue." Richard heard about TNP through a friend.

Cooper shares his Bethpage, NY home with 3 cats. "It took them a little time to get used to him, even though they are used to big dogs," Richard said. "Now they are completely fine." Looks like Cooper is firmly anchored into the Reipe pack.



Cooper, Richard & Oliver

*More "Recently Adopted " on page 11*

## What does "Facilitated by TNP" mean?

In some cases TNP will move a dog looking for a new home directly from its current home to an APPROVED TNP home. The dog in this situation must already be spayed or neutered and TNP must have the vet records. If the owner cannot afford the cost of spay/neuter and/or vet expenses associated with updating the dog with TNP's normal vet care protocol, TNP will pay the expenses.

TNP will also pay for the grooming, as they would if the dog were at TNP before placement. In some cases, where the dog is hours away, they will have an experienced Newf person in that area visit and do an evaluation on the dog needing to be re-homed. All of this is done while the dog is in its current home, where the dog will also heal from any surgery more comfortably.

When ready, the dog will be matched with one of TNP's APPROVED homes, where an application, reference checks, and home check have already been completed. In these cases, moving the dog from its home to a new home directly benefits the dog in that the dog doesn't spend a week or two or three at TNP only having to re-acclimate again to its new home.

So, while TNP expenses and leg work are the same, because they are fortunate enough to have homes waiting for dogs rather than dogs waiting for homes, they are able to "facilitate the adoption", which in many cases makes it easier on the dog.

## Expert Excerpts

*With Dr. Lauren Flanagan of  
Pepperell (MA) Veterinary Hospital*

### **Dog Allergies (part 2 of 3)**

#### **Diagnosing Allergies**

Dogs can suffer allergies, just like humans, however, unlike humans, itchy skin is the most prevalent symptoms. If your dog is constantly scratching, licking or biting his or her skin, you may want to talk to your veterinarian about allergies.

Last month we discussed the primary types of allergies for dogs: flea bites, environmental (pollen, dust, etc.), and food.

Dogs are not typically born with allergies. The allergies develop after exposure to the allergens. Most dogs don't start to show symptoms until 3 or 4 years of age, although it is always possible for them to start younger. It is rare for senior dogs to develop allergies. If your older dog is suddenly itchy, environmental allergies should not be high on the list of causes. However, food allergies can start at any age. Food allergies are possible even if the dog has been fed the same food for years. For that reason, you cannot rule out a food allergy just because your dog is on the same diet they have always been on.

Diagnosing allergies can be tricky. There are other reasons dogs can be itchy so symptoms alone are not enough. Intradermal skin testing, blood testing, and food trials are all common methods to try and diagnose allergies. Most dermatologists have found that intradermal testing, which requires sedation and experience in reading the skin reactions, correlates well to the blood tests, so most will do blood tests to check for allergies. Unfortunately blood testing for food allergies is not very accurate. There are many cross reactions. The ideal method for testing for food allergies is diet trials.

*Next month: Treating allergies*

## TNP Alumni

The love between Newfies and their humans is often strong. But sometimes it goes beyond love, with two souls connecting and providing life-saving support and energy for each other. Lynn Browall and her Newf Willow have that connection.

Lynn and Mike Browall adopted female



Willow

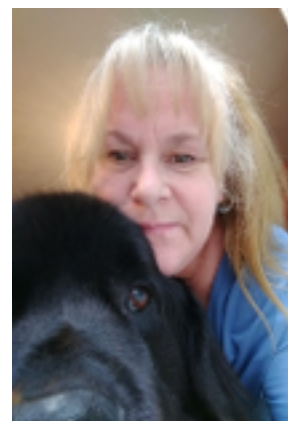
Willow from a breeder in Vermont in 2015. She will be 8 in December. In the past 6 months Willow has become Lynn's service dog due to Lynn's health changes over the past couple of years.

"A lot of the training she wasn't really taught," Lynn said. "It's because of our bond. She knows exactly what to do. We need each other." Willow has a natural guardian instinct, protecting Lynn and providing support when she needs it.

In fact, Lynn and Mike have developed strong bonds with all their Newfs.

The Browalls first decided to get a Newfoundland in 2005, shortly after moving to their Andover, NH home. They did their due diligence and researched online. In 2007 they found an online advertisement looking for a home for Moose and traveled to Pennsylvania to get him. The connection was nearly instant. "We ridiculously bonded on that nine hour car ride to New Hampshire," Lynn said.

Moose was very healthy and the Browalls added Willow in 2015. "He was so happy when Willow arrived, we decided we'd always have two



Moose & Lynn

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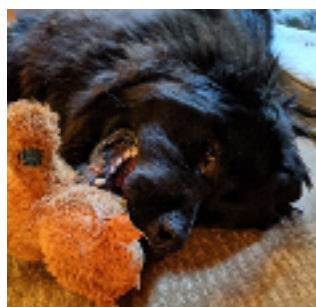
*TNP Alumni" continued from page 3*

Newfs," Lynn said. Moose lived 11 years and 1 day before succumbing to bone cancer. Willow took Moose's death very hard. At one point Lynn had to hand feed her.



Moose

Lynn and Mike decided to pursue rescue for their next Newf, but knew it would take some time so Lynn put some feelers out to the online Newfoundland community asking for recommendations for rescues in New England. "The response was fifty – fifty," she said. "Cathy (TNP) and Beth from NCNE (Newfoundland Club of New England)." Lynn reached out to both and Cathy responded quickly, inviting Lynn to an open house. Lynn filled out an application and made the trip to Coventry, CT with Mike and Willow. "Willow was overwhelmed when we got there," Lynn said. "So, Mike stayed with her by the gate to let her go at her own pace." Meanwhile, Lynn mingled with the other Newfs and Cathy to learn more about TNP.



Dexter

The Browalls had a home check from TNP and in June 2019, a couple of months after Moose's passing, got a call from Cathy asking if they were interested in a 9-month-old puppy who was available due to being incompatible with other dogs in the home. He was in a foster in Reading, VT and was being placed by the NCNE. The Browalls were looking for a male and didn't hesitate to make the drive to VT.

Dexter fit in perfectly with the family. "He didn't need any adjusting," Lynn said. Willow didn't immediately take to Dexter, still feeling depressed about losing Moose and sitting aside by herself. About a

week and a half after his arrival, however, she came around. "She's more active with Dexter," Lynn said. "I truly believe she's happier."

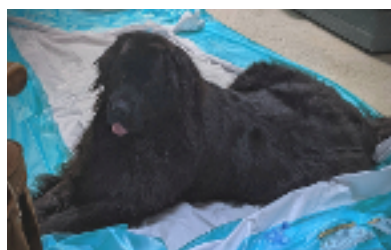
Willow and Dexter enjoy the Black Water River that abuts their 6-acre property as well as camping. They both have hip dysplasia and Dexter has trouble with one of his back knees so they don't go for walks but do walk around the yard.

The rescue experience has been life changing for Browalls. "We really don't want to go any other avenue than rescue," Lynn said. "It's opened my eyes." She was so moved by her experience with rescue that Lynn is now set up to foster dogs through NCNE and her veterinarian. She hasn't been called upon yet, but she is ready.



Willow

Mike has always had an interest in big dogs. He grew up with Alaskan Malamutes. His brothers and sister showed the dogs and at one point they had 26. His interest in Newfoundlands developed because of their temperament with children as Mike and Lynn had 7 children when they adopted their first Newf.



Dexter

Both Willow and Dexter have a strong nanny instinct and are glued to Lynn and Mike's five grandchildren when they visit. "All our Newfs have been fabulous with our kids and grandkids growing up," Lynn said. "I love it," Lynn said of Willow and Dexter's protective nature. "It makes me smile." Lynn is building on that protective nature as Dexter is a service dog in training. Just like Willow, Dexter will cultivate his bond with Lynn to support her in daily activities; a bond that will connect them at the soul.

*Hiking With Your Newf continued from page 1*

Check the weather for the day of the hike. Reschedule or leave your Newf at home if it is rainy or too hot.

## **The Day of the Hike**

When you're ready to start the hike, keep your Newf under control on a leash with a collar and identification tags (a microchip is great as well) at all times and remember that you are responsible for your pet's actions. A leash keeps your Newf and others safe. It also prevents your dog from chasing wildlife and reduces habitat damage caused by dogs running off the trail. Unleashed dogs can quickly disappear from your view. You may want to consider a harness, which will provide more control for you and be more comfortable for your dog. If you are in an area that is off-leash, only let your Newf free if you are positive he or she will respond to commands – even with numerous distractions.

And don't forget the number one rule of hiking: clean up after your dog – and carry it out! Dog waste can cause problems for local wildlife and ecosystem and impact the water supply. Plus it is inconsiderate to other hikers to leave it on or near the trail.

Don't let your dog eat any plants along the trail or drink any untreated water, which can contain harmful bacteria. Avoid areas with grasses that have foxtails. If your Newf does get caught up in them, remove them with tweezers right away. If you notice excessive sneezing, head shaking, eye discharge or an abscess, the foxtails may be working their way into a vital organ. Cut the hike short and seek veterinary care.

Pay attention to signs of fatigue, heat stroke, dehydration, limping or other illness. Monitor how quickly your dog's breathing and heart rate normalize during breaks. Take extra breaks if needed. Be ready to cut the hike short if your Newf is struggling.

And of course, never leave your pet unattended in an enclosed vehicle or carrier.

## **What to bring**

Water and food for you and your Newf is essential. Bring more than you think you will need. Tip: If you're thirsty, hungry or tired, then chances are that your dog is, too. Take a trail break to fuel up, hydrate, and take a breather together.

First aid supplies (like tweezers, bandages, and gauze) are important to bring. You never know what you might encounter and veterinary care is likely many miles away. Include an old, clean wool socks that can be taped on as "bootie bandages" if paws get cut.

Your Newf may be able to help carry his or her own supplies with a dog hiking backpack. Make sure it fits properly and is loaded evenly. The weight should not exceed more than 10 or 15% of their entire body weight to prevent them from overexerting themselves.

With thoughtful planning and preparation, you and your Newf can explore the great outdoors and enjoy the diverse nature and landscape in your own state and beyond.

Resources and more information:

<https://www.nhstateparks.org/activities/hiking/hiking-with-pets>

<https://www.borrettanimalhospital.com/how-to-keep-your-dog-safe-while-hiking/>

<https://www.rei.com/learn/expert-advice/hiking-dogs.html>

<https://americanhiking.org/resources/hiking-with-dogs/>

<https://www.akc.org/expert-advice/lifestyle/tips-for-hiking-with-your-dog/>

# Best Places to Hike in the Northeast With Your Dog

There are hundreds of thousands of miles of hiking trails across the US and countless opportunities exist to enjoy nature with your dog by your side. For most of the country, dogs are generally not allowed in National Parks and Forests. They are allowed in most of the state parks, but not allowed in swimming areas.

If you are looking for trails suitable for your Newf – they should be able to take a three- to five-mile hike, as long they are healthy and temperatures are cool – and get some exercise yourself, below is a tiny sampling of dog-friendly options in the Northeast. Be sure you and your pooch are prepared for your hike and check the rules of the trail before heading out.

*Note: National and state parks often have a parking or entrance fee. Check the website (hyperlinked to the title) and other information before travelling.*

## Connecticut

[Bear Mountain Reservation](#), Danbury - Great collection of wooded trails along Candlewood Lake.

[White Memorial Foundation](#), Litchfield - More than 35 miles of trails, through varied terrains, are open year-round for hiking.

[Sleeping Giant State Park](#), Hamden - One of several trails in the park, the 1.6 mile Tower Trail climbs to the 739 ft summit of Mt Carmel.

[Shenipsit Forest Trail](#), Somers, Ellington, and Stafford – The 5 mile loop trail is of moderate skill level, but the Soapstone Mountain Trail within the state forest is good for all skill levels at 2.1 miles.

[Steep Rock Preserve](#), Washington - The preserve offers a variety of trails and scenery, including Hidden Valley Preserve Green Square Loop, an easy 2.4 mile hike.

[Selden Creek Preserve](#), Old Lyme – This 1.7 mile loop trail is perfect for beginners and leads to a scenic overlook. The preserve is a popular bird watching spot.

[Campbell Falls](#), Norfolk – Accessible year-round, this is a 1.4 mile out and back trail good for all skill levels. The trail features a waterfall and crosses over into Massachusetts.



Biscuit at Campbell Falls

[Machimoodus State Park](#), East Haddam- This peaceful 2 mile loop trail has views of the river. The hiking is easy with the section from lower vista trail to upper vista trail noted as steep.

Resources: <https://www.ctvisit.com/articles/great-places-hike-your-dog>

## Maine



Sue & Vivien at Acadia

[Wolfe's Neck Woods State Park](#), Freeport – The park consists of 250 acres on a peninsula between Casco Bay and the Harraseeket River. With miles of trails and open year around, the park offers water views, bird watching, and a variety of terrain.

[Acadia National Park](#), Bar Harbor – This oceanside park boasts 47,000 acres and is very dog friendly with several mountain trails to explore. A few places are off limits to dogs, so do some research before you go.

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*Best Places to Hike continued from page 6*

[Presumpscot River Preserve Trail](#), Falmouth – A 3.8 mile out and back trail good for all skill levels. As the name suggests this trail features a river.

[Smith Preserve](#), Kennebunkport – The Long Loop is a 6.7 mile fairly flat trail and appropriate for all skill levels.

[Ferry Beach State Park](#), Saco – The park offers 1.7 miles network of trails through varied ecosystems. The Tupelo Trail features a large stand of Tupelo trees (also known as a black gum tree), which is very rare in Maine. Dogs are not allowed on Ferry Beach.

[Little Moose Mountain](#), Moosehead Lake – For more seasoned hikers looking for an adventure, hike a network of trails and stay overnight at a primitive camping spot. Rocky and rooted terrain makes the hiking moderate (don't forget the first aid kit).

Resources:

<https://www.alltrails.com/us/maine/dogs>

<https://www.bringfido.com/attraction/trails/state/maine/>

<https://www.roscoesbedandbark.com/5-of-the-best-dog-friendly-trails-in-maine/>

<https://www.kurgo.com/blog/dogfriendly-hikes-maine>

## **Massachusetts**

[Halibut Point State Park](#), Rockport – With nearly 3 miles of trails and expansive views, this coastal park has trails in the woods and a granite quarry. Very popular with full parking lot (fee to park) during peak hours.

[Blue Hills Reservation](#), Milton – There are over 125 miles of trail on these popular paths. Swimming is available for your Newf in nearby Houghton Pond after the hike.

[Middlesex Fells Reservation](#), Medford – The reservation has many trails with varying degrees of difficulty. There are several ponds and lakes but they are off limits for humans and dogs because they are water sources for the surrounding towns. (Note: The trails can be confusing so get a map before hiking. There are none available at the reservation.)

[Breakheart Reservation](#), Saugus – This 640 acre reservation has many miles of trails and two lakes. There is even an off-leash dog park within the reservation.

[Wachusett Mountain State Park](#), Princeton – The 4 mile Wachusett Mountain State Reservation loop trail is good for beginners.

[Monument Mountain](#), Great Barrington – This is a bit more challenging hike to the top because of steep rocky areas, despite only being 2.4 miles long.

[Mt. Greylock](#), Lanesborough – With over 70 miles of trails there are options for every skill level.

[Noanet Woodlands](#), Dover – The 17 miles of trails offer plenty of options to hike shady paths, including the 2.6-mile Peabody Loop Trail with rolling hills.

Resources:

<https://www.bringfido.com/attraction/trails/state/massachusetts/>

<https://www.alltrails.com/us/massachusetts/dogs>

<https://www.kurgo.com/blog/12-best-dog-friendly-hikes-in-massachusetts>



Biscuit (l) & Vivien (r) at Hurd State Park, East Hampton, CT

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## **New Hampshire**

Unlike most states, New Hampshire allows dogs in its major forest, the White Mountain National Forest. Dogs are also allowed in most state parks. Check this [complete list](#) for more information.

[Franconia Falls Trail](#), Lincoln – With only a 300-foot elevation gain, this 6.8-mile trail is great for beginners. It runs along the Pemigewasset River so your Newf may want to take a dip.

[Beaver Brook Nature Center, Trails & Gardens](#), Hollis – There are 35 miles of relatively flat trails to enjoy plus 12 gardens for you to admire.

[Lake Massabesic Trail](#), Auburn – This 4 mile hike loops around Lake Massabesic. There is plenty of water but dogs are not allowed in the lake or in its beaches.

[Falls in the River Trail](#), Pittsburgh- The 3.5 mile hike is accessible to all levels and features a gorge and flume at the midpoint. It hugs the Connecticut River for much of the hike with areas of access to the river.

[Cole Pond](#), Enfield – A pretty 2.1 mile easy hike brings you to Cole Pond for a refreshing swim. You may get lucky and see the resident loons on the pond.

[Sewall Woods Trail](#), Wolfeboro – A woody 3 mile loop, this trail is good for all skill levels and features a lake. The trail is open all year but dogs are not allowed on the trails in winter because they are used for cross country skiing.

[Arethusa Falls Trails and Frankenstein Cliffs](#), near Bartlett – Another popular trail, this one may be tailor made for the more adventurous (and experienced hiker) Newf. The 5 mile trail with a 1,400-foot elevation gain offers numerous streams and waterfalls to explore.

Resources:

<https://www.kurgo.com/blog/10-great-dog-friendly-hikes-in-new-hampshire>

## **New York**

[Cornish Estate Trail](#), Cold Spring – Just an hour from Manhattan, this 4.9 mile hike meanders through old estate ruins and showcases views of the Hudson River and Valley.

[Letchworth State Park](#), Castile – Known as "Grand Canyon on the East," this award-winning park has 66 miles of dog-friendly hiking trails. Mature forests surround 3 major waterfalls on the Genesee River.



[Glimmerglass State Park](#), Cooperstown – The rolling, partially-wooded terrain offers a variety of trails of varying length and elevation. Dogs aren't allowed on the beach.

The [Adirondack](#) Mountains offer over 2,000 miles of hiking trails including:

[Whiteface Mountain](#), Wilmington – This mountain has a variety of trails through the trees, rivers, and waterfalls for every ability.

[Owls Head](#), Owls Head – At 2.9 miles, this trail is suitable for beginners although the last stretch to the summit is steeper – but worth it for the views.

(l to r) Vivien, Biscuit & Harry at Steep Rock Preserve, Washington, CT

*Best Places to Hike continued from page 8*

The [Catskill Mountains](#) in southern New York have long been a popular recreation area with many hiking options including:

[Giant Ledge and Panther Mountain](#), Shandaken - This moderate hike is around 7 miles but with 5 ledges, you can shorten the hike if you don't hike to all five.

[Catskill Forest Preserve](#)- There are dozens of trails to explore in this preserve, many are moderate skill level, but a few are easier.

[Minnewaska State Park Preserve](#), Kerhonkson - The 6.9 mile Gertrude's Nose Trail in this preserve is a favorite among dog owners. The trail follows along flat, open clifftops with stunning views. Take heed of the red blazes which steer you away potentially dangerous crevices.

Resources:

[https://www.bringfido.com/attraction/trails/state/new\\_york/](https://www.bringfido.com/attraction/trails/state/new_york/)

<https://www.alltrails.com/us/new-york/dogs>

<https://hikewithyourdog.com/new-york>

<https://www.ptny.org/newsandmedia/e-news-1/2018/01/best-hikes-your-best-friend>

## **Rhode Island**

[Arcadia Management Area](#), Exeter - With over 30 miles of trails, there are a plethora of shady trails to enjoy with your Newf. The Ben Utter Trail and the John B. Hudson Trail offer water features. Pick up a trail map at the forest headquarters on Arcadia Road.  
*Note: During hunting season 200 square inches of blaze orange is required for users of any state management area.*

[Beavertail State Park](#), Jamestown - The Cliff Walk stretches the entire length of the park and offers spectacular views. Bring lots of water for your dog to drink as there isn't much shade out on the point.

[Clay Head Nature Trail](#), Block Island - You'll need to take a ferry to this trail (your dog rides for free) but you won't be disappointed. The grassy one mile trail is easy and offers incredible views. Bonus: Take a trail to the beach so your Newf can enjoy the waves.

[Colt State Park](#), Bristol - An easy walk of 4 miles, the paths surround the property that opens up on the Narragansett Bay. With many open spaces on the property there are ample opportunities for dogs to roam. Bonus: Your Newf can swim in the Narragansett Bay at the boat ramp or head to Bristol Town Beach to the north for a dip.

[Goddard Memorial State Park](#), Warwick - Over 18 miles of multi-intersecting paths allow for as long a hike as you want on the easy bridle paths throughout the tall forests. Bonus: Your dog can paddle in Greenwich Bay at Long Point.

[Lincoln Woods State Park](#), Lincoln - Looking for a bit more adventure with your Newf? The trails are not marked and not blazed but with nearly 12 miles of dirt scars there's plenty to explore.

[George Washington Management Area](#), Glocester - The well maintained paths on this 6 mile



Vivien (l) & Biscuit (r) at Bull's Bridge Trail, Kent ,CT

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*Best Places to Hike continued from page 9*

loop will be easy going for your Newf. The woodsy trail features rock outcroppings, marshlands, and a white cedar swamp. Wilbur Pond is a destination for a dog swim.

Resources:

[https://www.bringfido.com/attraction/trails/state/rhode\\_island/](https://www.bringfido.com/attraction/trails/state/rhode_island/)

<https://www.alltrails.com/us/rhode-island/dogs>

<https://hikewithyourdog.com/a-bark-in-the-park-rhode-island>

## **Vermont**

[Dog Mountain](#), St. Johnsbury – Trails and ponds will keep you and your Newf active on this 150-acre mountaintop tribute to dogs. Don't miss the Dog Chapel, dedicated to those furry family members we have lost, and the gallery.

[Texas Falls Recreation Area](#), Hancock – This short 1 mile hike has a huge payoff with one of the most photographed waterfalls in Vermont, however, the terrain is rocky and the steps can be slippery. With a swift current, swimming is prohibited so make sure your Newf is under control.

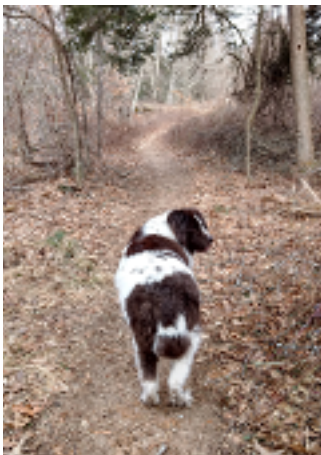
[Owlshead Mountain Trail](#), Peacham – The 3.2 mile out and back trail is a popular one, but is appropriate for all skills levels and offers views of Kettle Pond and surrounding mountains from the top.

[Moss Glen Falls](#), Stowe – A short half mile hike will bring you to a 125-foot waterfall.

[Burnt Rock Mountain via Hedgehog Brook Trail](#), Moretown– If you're up for a more challenging hike, this 5 mile trail offers stream crossings, steep climbs, wooden stairs, and granite scrambles.

[Woodford State Park](#), Woodford – Both the Atwood and Woodford trails are easy hiking options. The half mile Atwood Trail is a short loop that runs along a portion of Adams Reservoir. Woodford Trail travels 2.7 miles round the reservoir through the woods.

[Leffert's Pond Trail](#), Chittenden – This 1.6 mile out and back trail is good for all skill levels with swimming opportunities for your Newf.



Resources:

<https://www.bringfido.com/attraction/trails/state/vermont/>

<https://www.trailink.com/stateactivity/vt-dog-walking-trails/>

<https://www.kurgo.com/blog/dogfriendly-hikes-vermont>

More resources and information:

<https://hikewithyourdog.com/>

<https://www.gopetfriendly.com/blog/top-pet-friendly-things-to-do-in-new-england/>

<https://www.eaglecreek.com/blog/top-5-dog-friendly-hikes-east-coast.html>

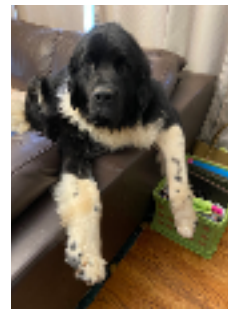
<https://americanhiking.org/miscellaneous/places-to-hike-with-a-dog/>

Biscuit at Machimoodus State Park, East Haddam, CT

*Photos in this article courtesy of Susan Shea*



**Moose** was adopted by Tonia and Stephen McGowan on August 30th. The McGowans traveled from their Stony Point, NY home to pick up Moose from his previous owner, who was no longer able to keep Moose due to medical challenges, in upstate NY. The adoption was facilitated by TNP.



An active 19-month-old, Moose has adjusted well to his new home and Newf sister Maizy, who is almost 7. "Maizy has been so patient with him," Tonia said. "They have been doing a lot of horsing around, but it has been fun horsing around."

Moose is very comfortable in his new home and already loves his family. "He is a big mush teddy bear," Tonia said. "He loves belly rubs." He has also made himself at home on the McGowan's queen bed at night, making for a crowded slumber with Maizy as well - but a loving one.



**Tessie** went to her new home with Stan Nowak on Long Island, NY on September 3, two days after her 8th birthday. She is a direct transfer from her previous family in MA who adopted Tess from TNP but were no longer able to care for her due to family hardship. TNP facilitated the adoption.

Tess joined long haired Dachshund mix, Blue, also 8, who is Stan's granddog. He is watching him for his son who is in the Navy stationed in Japan. Stan also has a long haired tabby named Sailor and a 40-year-old parrot named Perry that he has had for 25 years.

"Tess is the perfect example of a Newf," Stan said. "She gets along with everyone so far." Stan's only disappointment is that Tess does not get up on the furniture. "She will not get up on the couch or the bed," he said. "If I want to cuddle with her I have to get on the floor."

The adjustment with Stan and his furry and feathered family has gone well. Tess is very healthy and was well cared for in her previous home. Tess even wrote a letter to Stan before she arrived to let him know what she likes and her peculiarities. She mentioned she wasn't a swimmer, liked to catch flies and bugs in the yard, and appreciated pets from the neighborhood children. Stan has not had a chance to introduce Tess to his great nieces, ages 8 & 11, but said they are eagerly waiting. No doubt, Tess is too.



Blue & Tess

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