

# Newfie News



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## Meet TNP Volunteer Nancy Molnar

If you have had a home visit through TNP in the last few years you have likely met Nancy Molnar, Correspondence Secretary for TNP. Nancy has a long history with Newfoundlands, and a big heart for the breed and volunteering. Learn more about Nancy.

### What are your duties as Correspondence Secretary?

My duties are sending out all applications, tracking them when we get them back and logging the applicant onto the status sheets that I created for our team. I also add their names and addresses to the Reunion List. In addition, I correspond with applicants answering questions and giving them more information as needed for Newfs and whatever else (such as questions about, puppies, home checks, available dogs, etc.).

### How long have you been a volunteer at TNP?

I have been a volunteer for 10 years but have been the Correspondence Secretary for about four years. Previously I fostered for Ellen Katz (the original "New England Newf Rescue lady").

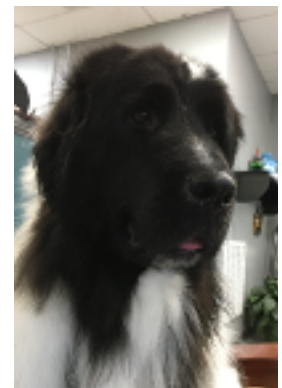
### How did you meet Cathy Derench & get involved with TNP?

I met Cathy through a dear friend of ours named Bob Ramig, who was also my mentor. I owe him so much. At the same time, I had the honor of meeting and working with Ellen Katz, who Cathy was also working with. Cathy and I used to meet at shows with my Brandy and her Lionuss who we bred together. They gave us two little girls named Chammy, whom I kept, and Sophie, who went to Ellen. After Ellen passed away, Cathy and Janet Bloch took over as Newf rescue for NCNE (Newfoundland Club of New England).

### Tell us about your current pets.

I have one rescue Newf from TNP, a 4-year-old female Landseer and her name is Kota. I also have a kitty. She is 6 1/2 months old, long haired Calico named Holly. I rescued her in December of 2020 from Maine.

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*Kota*

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## Who's at TNP?

There are currently no dogs available for placement, however, TNP continues to work with owners to fund spays and neuters and other medical procedures as well as requests for food. Check the TNP Facebook page and newsletter for updates about dogs as they become available for adoption.

## Expert Excerpts

With Dr. Lauren Flanagan of [Pepperell \(MA\) Veterinary Hospital](#)

### Exercising your Newf

This month Expert Excerpts discusses exercise for dogs. Dr. Flanagan provides general information on exercise, then TNP tackles more "Newf specific" exercise.

Veterinarians are often asked "how much exercise does my dog need, or, how much exercise is too much for my dog?" There are no hard and fast rules, it depends on many factors including age, breed, underlying health concerns or injuries, and general fitness of the individual dog. Using common sense and understanding your dog's physical condition are key to exercising safely. Most dogs do not always have the "brains" to know when to stop and owners may have to intervene. Obvious signs to look for as to when to hold back your dog are heavy panting, bright red gums, and any sign of pain, such as limping.

Just like in people, exercise is very important to our four-legged friends. Along with the obvious physical benefits, it also promotes mental well-being. Many undesired behaviors in our dogs can be linked to inadequate physical activity. Take the Newfie for instance. They are in the working dog category. They were bred to work, and a very strenuous job at that, water rescue. Working hard is in their DNA. When we try to make them couch potatoes, we are taking away a basic urge for them and that can make for a bored dog. A bored dog is not a happy dog. They will find ways to entertain themselves which are not always to our liking. *(Editor's note: there are many Newfs that require less exercise. You should be in tune with your dogs' personality to know whether it is content to be less active or needs to "work" to prevent boredom. See "Newf-specific" exercise in the next section.)*

Good general exercises for dogs include walking (include hills to engage that hind end), jogging, fetch, and swimming. Agility activities are great as well because they are also mentally stimulating for the dog. Avoid high impact activities, such as frisbee, unless you have a dog with the correct body type and work with a qualified trainer to be sure the exercises are done correctly and safely.

Unfortunately for some of our dogs, a walk is even too much because of physical injury. Swimming is great for these guys. The water must be at least at hip level to allow for the buoyancy needed to relieve pressure on the joints. No lakes near you or physical therapy facilities with underwater treadmills? Make small obstacle courses at home. Short sessions where your dog must lift their legs and use their muscles to maneuver through and over obstacles can really add up. Passive range of motion works well for these guys too, try to encourage them to resist you.

## Upcoming Events

TNP is considering holding an open house later this summer depending on the results of a poll currently available on the TNP Facebook page to gauge comfort with outdoor events. All CDC and state guidelines will apply - masks, distancing, etc., - as recommended.

TNP is holding off on the annual Fundraiser/ Reunion for 2021 and will be going back to having the BIG event in 2022.

*Expert Excerpts continued from page 2*

## TNP Recommendations

Newf-specific exercise varies from general exercise for dogs. TNP does not recommend jogging and fetch for Newfoundlands unless the owner is well equipped to fund an ACL surgery. Fetching in a swim is acceptable because swimming causes less stress on joints than on land. If your Newf prefers to work, try carting or water rescue, which are less strenuous than jogging. And of course, exercise should be limited in the heat (Newfs and warm/hot weather are not a good mix).

## Age Considerations

Dr. Flanagan suggests always considering your dog's age when exercising. A 12 year old dog is basically equivalent to an 84 year old person. We shouldn't expect the same stamina and strength as a 6 year old dog, equivalent to a 42 year old person. Of course, this depends on how fit the individual/dog has been up to now.

TNP recommends young Newfs be kept from **regimented** exercise which includes walking. Puppy Culture is a trusted resource for exercise and age considerations. The Puppy Culture Exercise Booklet, Second Edition, is a 14 page pamphlet that includes 6 age-appropriate exercise charts (8-12 weeks old, 12-16 weeks old, 4-6 months old, 6-12 months old, 12-18 months old, and 18 months to two years old). Author Jane Killion outlines the whys and hows of appropriate puppy exercise and explains growth plates and fractures in puppies. (Dr Flanagan notes that growth plates are subject to injury if stressed through excessive or strenuous exercise and can lead to more severe orthopedic lesions as dogs age.) The Second Edition of the pamphlet also includes information about new studies regarding Hip Dysplasia in puppies.

*More information:*

<https://shoppuppyculture.com/>

<https://www.dogwise.com/puppy-culture-exercise-booklet-puppy-fitness-that-fits-the-puppy-second-edition/>

## TNP Alumni

Every Newfoundland has his/her own personality but the common traits of the breed – loyalty, sweetness, gentleness and the capacity for a whole lot of love - are what bring us back to the breed over and over.



*Blossom*

Paul and Wendy Krupinski of Simsbury, CT, have owned Newfoundlands for 26 years, all Landseers. Their first was Blossom, a puppy from breeder LedgeLight Newfoundlands. (Coincidentally, Cathy Derench had Blossom's sister from the same litter). When Blossom passed away at 9 years old, the Krupinski's decided to adopt from a rescue for their next Newf.

Wendy found the Newfoundland Club of New England in 2005 through an online search and she and Paul went to an open house to meet the staff and submit an application. About a month later, they got



*Tilly*

the call that Tiger Lily (Tilly), a 3 year old was available. "It was a perfect match," Paul said. "She was the most wonderful dog" Wendy added. Tilly lived for an additional 12 years, until she passed away from old age at 15.

Duncan Magoon (formerly Boomer) is the Krupinski's first male Newf. He was an owner surrender – he proved to be too much for his older owner – when he arrived at TNP in the summer of 2018 at a year and a half. As soon as they saw Duncan Magoon's video on the TNP Facebook page, they fell in love with him, as did many others. "I told Paul, 'I want him,'" Wendy said. Boomer went to another home initially but when that didn't work out, Paul and Wendy got their chance. "He's absolutely amazing," Paul

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## What got you interested in Newfoundlands?

In 1991 my ex-husband had one named Nunu. The first time I met her she came running out of the house, bounced down the sidewalk, jumped up on me, put her paws on my shoulders and kissed my face. I knew from that moment on that the next dog I owned had to be a Newf! I grew up with retired police Shepard's and a Beagle.

## Tell us about your Newfs.

Over my 30 years, beginning in 1991, of **being owned** by Newfs, I have had the pleasure with a total of 17. This does not include the joy of 4 litters of puppies.

Most of my Newfs died from old age. However, I did have a couple that died from cancer and Myasthenia Gravis. These diseases are so heart wrenching because there is no cure and you know that they deserve better, and so many more years.

My first Newf was from a breeder and his name was Blue Chip. We called him Boo for short. He died young from a heart condition.

I then rescued my 2nd Newf, Shadow, from a breeder. We did a few shows and he taught me so much about grooming and showing.

My 3rd Newf was from a different breeder and her name was Brandy. We traveled all over New England to dog shows and she got her championship. She also blessed me with two little girls. I had to keep one of them. She (Brandy's daughter) was my 4th Newf, named Chammy. What a joy it was to go through the breeding, to create a life, the pregnancy, whelping new little lives and raising puppies. But honestly, rescue is just as rewarding if not more. For here you are giving a loving home to that special Newf that **"CHOSES YOU!"**



Champion Brandy winning best of breed



Rossi on adoption day

From here my journey continues with Newfs from other breeders, and my own puppies being bred. After losing the last of my line, I then adopted my first Newf from TNP in August of 2014. His name was Rossi, a beautiful black loving boy. He was a Therapy Dog (TDI).

After he passed in 2018, **"I"** was then adopted by my current little, loving cling peach, Landseer Newf, named Dakota, from TNP. We call her Kota for short. She is such a gem.

When some of my closest Newfs passed I had tattoos done of them. However, after I lost Rossi my tattoo artist suggested I put something on my arm where I could represent all of them and add names. Thus, I had a Rainbow Bridge tattoo added. Rossi is the first name.

All the names of my dogs were: Boo, Shadow, Brandy, Tessy 1, Molly, Nikki, Sassy, Anya, Reba, Duddly, Morgan, Punky, Dock, Nissa, Tessy 2, Rossi, and currently Kota.

## What is your current job status and career?

I am now semi-retired. I worked in high tech for many years and realized because of Newfs that I wanted to switch careers. My careers then became a Vet Tech, CNA, and a groomer who owned and operated one of the first mobile grooming services in the area.

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Meet Nancy *continued from page 5*

### **Where do you live?**

I currently and always have lived in Hudson, NH. I have 2 sons, 3 grandsons, and 2 granddaughters. I live with my fiancé Tom in the house that I grew up in.

### **What do you enjoy doing in your spare time?**

I totally enjoy visiting friends and family. I have 3 grandsons, two of them are twin boys age 2 1/2, they are cute little devils! My 12-year-old grandson “teaches” me how to play new video games. This can be challenging for me but I absolutely enjoy his company.

I also enjoy working outside in the garden, doing woodworking with my own power tools, refinishing furniture, and repairing things around my house.

### **What is the most challenging part of your volunteer work?**

It is challenging rescuing dogs who have been or will be abandoned, Newfs who are abused or neglected both physically and mentally, and not being able to get legal justice in some cases. And dealing with people who don't listen or understand our adoption process.

### **What is the most rewarding part of your job?**

I love seeing the joy in people when they adopt their Newf and the Newf being so happy; and seeing these loving families with their adopted Newf at our Open Houses and Annual Reunions. This shows how much the dog has grown to trust and love their “fur-ever” home.

### **How has COVID Pandemic altered your volunteer work?**

Not being able to be with my TNP team members in person makes me feel very isolated. I miss my HUGS!

When doing the home checks virtually, it's just not the same as doing them live face to face in person - walking through their homes, meeting all the family members, both 2 legged and 4 legged, having a handshake and/or hug, that physical human touch.

I miss not having Open Houses or Reunions to see and meet in person previous adopters. and new prospective adopters. I also miss not being able to meet the new rescue fur babies.



*Nancy & Kota at  
Obedience 1  
graduation*



### **Help - My Newf has been Skunked!**

The odor is unmistakable. You open the door to let your Newf in after a night time potty break and you hope the pungent smell is not emanating from that thick double coat. The lovable fur-ball bounds toward the door and sure enough - he's been sprayed by a skunk.

What do you do? First, make sure your dog has not been sprayed in the face or eyes as a trip to the vet may be your first action. Then, be mindful that the following are **not** good remedies for removing skunk smell: Hydrogen peroxide, milk, and tomato-based products.

Next, gather supplies: gloves, dish soap, baking soda, and vinegar along with a dog-safe shampoo of your choice. Good options will contain a degreaser. Creature Comforts Pet Grooming Salon in Sterling, MA suggests Best Shot, Natures Specialties, Earth Bath, and Natures Miracle for easy to find products.

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said." He's a little rambunctious and very playful. He's so full of love and spunkiness. He makes us laugh every day." Wendy added, "he's a sweetheart."



Paul grew up with small mixed breeds *Duncan Magoon* but always liked big dogs like Saint Bernards and Newfoundlands. Wendy grew up without dogs, but as soon as she saw a man walking two Newfoundlands when she was a young girl, she knew that was the breed she wanted. "I had an instantaneous love for the breed," she said. She has not been disappointed.

Duncan Magoon has been especially protective of and in tune with Paul and Wendy. A few years ago Wendy was diagnosed with breast cancer and Duncan Magoon would not leave her side. "He slept next to her when she was on the couch and would follow her everywhere," Paul said. "He still does if someone is not feeling well."

When he's not watching out for his humans, Duncan Magoon loves walks and playing in his one-acre fenced yard. The Krupinski's live next to a farm and Duncan Magoon enjoys staying at the fence line watching the deer, people walking their dogs, and the planes flying overhead preparing to land at nearby Bradley International Airport. Duncan Magoon also likes to bring his toys outside in the yard and play with them. He's also an avid shoe thief that will hold a shoe for ransom.

Duncan Magoon has shown his unique personality and Paul is especially amazed by Duncan Magoon's human-like behaviors. "His facial expressions and the way he sits, it's like he's an old soul." And yet, he's still a sweet, gentle, loveable Newf.

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Apply your cleaning products as soon as possible to a **DRY** coat. Dry fur will absorb whatever it comes into contact with first. Water will seal the skunk oil secretion into the hair follicle, prolonging the smell.

1) Wearing gloves, mix baking soda and dish soap into a thin paste. Apply a very liberal amount of the paste into your dog's dry coat in the areas that were sprayed.

2) Apply a generous amount of vinegar to your Newf in the area you applied the soap/baking soda. Be careful to avoid the eyes, nose, inside ears, and mouth.

3) Let the mixture sit on the dog while you rub it into your Newf's coat. Rinse very well. Re-apply if necessary. Use your favorite dog safe shampoo. Rinse and repeat if necessary.

Be prepared for your dog to smell skunky every time they get damp for several months. Using a deskunk spray can help reduce the odor when your Newf gets wet.

Learn more about skunks:  
<https://www.mass.gov/service-details/learn-about-skunks>

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### TNP is Looking for Volunteers

TNP would like to apply for grants. They fund many spays and neuters and other medical procedures for owners as well as medical expenses for dogs they place. If you have experience working with grants and know how the system works contact [cathy@thatnewfoundlandplace.org](mailto:cathy@thatnewfoundlandplace.org).

That Newfoundland Place Inc. is a nonprofit corporation organized and operated exclusively for charitable purposes. Specifically, this organization has been formed to prevent cruelty to animals. Our mission is to offer quality of life to senior dogs of various breeds, to assist in rescue, rehabilitation, and re-homing of dogs in need, with a focus on Newfoundland dogs, and to provide humane education as related to care and life quality. of animals. Cathy Derench, President      Newsletter editor and publisher Joanna Dumas: [joanna.l.dumas@gmail.com](mailto:joanna.l.dumas@gmail.com)