

Newfie News



April 2020

VOLUME 1

ISSUE 8

Holistic Medicine and Acupuncture for Dogs

As pet parents, we all want to do whatever we can to keep our pets healthy and alleviate pain. Veterinary care should always be the first option, but today, there are numerous veterinary specialists such as orthopedic surgeons or neurologists and the availability of complimentary therapy is widespread – from physical therapy to holistic medicine, including acupuncture.

Pam Shultz has been practicing holistic therapy and animal acupuncture for the past 8 years. Pam studied traditional Chinese Medicine as an undergrad and wanted to apply her knowledge to help animals, so she obtained the veterinary degree needed to receive her acupuncture certificate to treat animals. "It's very simple but also intricate," Pam said. "It's always about balance in any creature. The therapy is aimed at creating an environment for the body to balance itself [as opposed to "fixing" an ailment]."

Acupuncture is the insertion of needles into specific "stimulation" points on the body to produce a healing response. It's generally used to treat symptoms and discomfort such as noninfectious inflammation (such as allergies) and pain.

Continued on page 4

COVID-19 Virus Impacts That Newfoundland Place

Due to the COVID-19 pandemic, That Newfoundland Place has suspended home checks, which are needed to get homes approved and ready for a new family member. TNP has had many requests for home checks and will keep everyone advised as to when they will resume. Be sure to check the TNP Facebook page for more information.

The April 26 Open House has been cancelled. TNP looks forward to seeing everyone at the previously scheduled **June 7 Open House**.

During the coronavirus pandemic, TNP has had a number of requests for assistance with dog food and always do their best to help. If you need help, email cathy@thatnewfoundlandplace.org or Annette@thatnewfoundlandplace.org. If you would like to donate for the food assistance fund, please do so via the [PayPal link](#) on the [TNP website](#). Thank you! Please stay safe and healthy!

What's Inside

Who's at TNP? Available
Dogs Update **Page 2**

Recently Adopted
Page 2

Expert Excerpts
Page 2

TNP Alumni
Page 3

Who's at TNP?

Zelma and Wally



Ed & Zelma

Wally's has SAS (a heart condition), but is asymptomatic. They are otherwise healthy.

The ideal home will have traditional fencing, minimal stairs, and no other pets; however, an older dog (9 and up) would probably be okay.

Bonded pair Zelma (Zee) and Wally are sweet and friendly. TNP is seeking a home where they can live together.

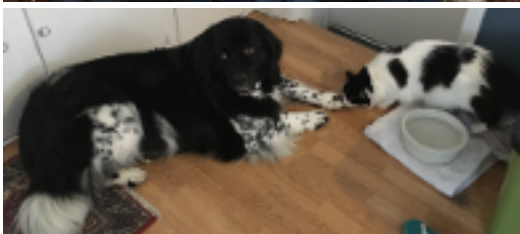
Both dogs love attention, dog cookies and walks. With the warmer weather, Zee is ready for lots of swimming, Wally is content to cheer her on from the shore.



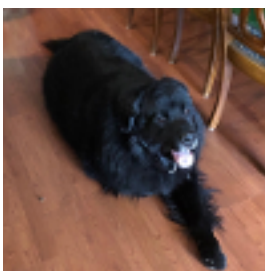
Ed & Wally

Recently Adopted

When Rosie and Koda's owner fell ill, he made a selfless decision to find them loving homes through TNP.



Rosie is surrounded by Jonathan and Veronique and her family in her forever home in Salem, CT, including Joseph, 11, Amélie, 7 and 2-year-old Calvin. Fur brother Oreo took just a bit more time to embrace Rosie!



Koda settled in Long Island, NY, with Bill and his son Alex. Koda enjoys being spoiled and is one of many TNP Newfs on Long Island.



Expert Excerpts

With Dr. Lauren Flanagan of Pepperell (MA) Veterinary Hospital

Warmer weather has arrived and we can't wait to get outside and enjoy it with our dogs. Unfortunately, spring brings ticks and ticks bring disease. Lyme disease is one of several bacterial infections that can spread through tick bites. The bacteria that causes Lyme disease lives inside the tick and is passed into a dog's bloodstream through tick bites. Lyme disease is not contagious from dog to dog.

The primary symptoms of Lyme disease are fever, lethargy, and joint pain. In veterinary patients this usually manifests as reluctance to get up and move, poor appetite, and limping. Many dogs have no symptoms at all, or have mild symptoms that are easily overlooked. The latter cases can have more severe consequences since they often go untreated. Lyme disease left untreated, or treated inadequately, has been associated with kidney disease in dogs.

Fortunately, if caught in the early stages, Lyme disease is virtually 100% treatable. The treatment consists of a 30-day course of an antibiotic, most commonly

continued on page 3

Expert Excerpts
continued from page 2

doxycycline. Dogs not caught in the early stages may end up with "chronic Lyme disease". In many of these dogs the bacteria cannot be cleared from the body despite a proper course of antibiotics. For this reason, veterinarians stress prevention and routine blood tests to screen for tick borne diseases and recommend year-round tick control, including treating your yard, and protecting your dog with approved tick control products. There is also a safe and effective Lyme disease vaccine available for dogs.

Remember, Adult deer ticks can be active even in winter on days when temperatures are above freezing and the ground is thawed. Your veterinarian can recommend the best approach for preventing Lyme disease based on your dog's lifestyle, so you both can continue to enjoy the great outdoors.

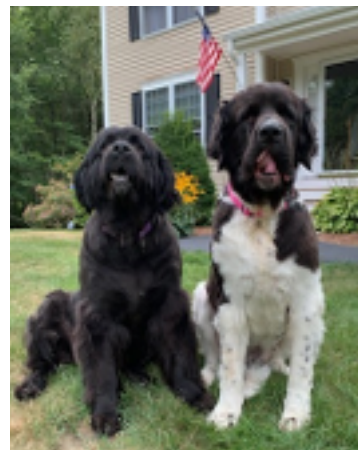


Daisy (left) and Tipper (right)

The Gaumont family has realized that two Newfoundlands are better than one. "We love having them," Dan said.

TNP Alumni

Daisy and Tipper are double the fun for the Gaumont family. They had every intention of adopting one Newfoundland when they visited That Newfoundland Place in August of 2019. A week later, they drove home to Milford, New Hampshire with two Newfs in tow.



Dan and wife Sharon had just lost their first Newfoundland in July 2019 at 5 years old, due to health issues. They weren't able to live without the thumping of large paws for long and reached out to TNP, looking for a male. Cathy asked if they would see a pair of bonded girls, Tipper and Daisy, who had been relinquished due to a difficult family situation. It only took a few minutes for the Gaumonts to fall in love with the 3-year-old half-sisters.

"They are extremely close," Dan said. "It took a good two months for them to come out of their shells but now they love being with the family, inside and out. They love being with and playing with the kids (Matthew, 13, Olivia 10, and Lyla, 7)."

Dan said he has always loved the Newfoundland breed and had many large dogs, from Golden Retrievers to German Shepherds and Bearded Collies.

Daisy and Tipper turned 4 in March and have developed their own place in the family. "Tipper (the black Newfoundland) barks more than Daisy and is protective of her and the family," Dan said. "Daisy is more laid back."

Both dogs enjoy spending time with the German Shepherd neighbor and having playdates. And the whole family is looking forward to water activities this summer.



Anecdotal evidence suggests acupuncture can effectively treat a host of ailments in animals. Studies have shown that acupuncture can assist the body to heal itself by affecting certain physiological changes, through nerve stimulation, increased blood circulation, muscle spasm relief, and causing the release of hormones, such as endorphins (one of the body's pain control chemicals) and cortisol (a natural steroid). More research is needed to better understand how acupuncture works on animals.

The use of acupuncture on humans dates back over 4,500 years in China. The first use of acupuncture in animals has been traced to 136 to 265 A.D. when sharp stones were used to cut and bleed specific points on large working animals. Modern day acupuncture for dogs was introduced to the US in 1971 by Gene Bruno and John Ottaviano.

"[Acupuncture] is a way of offering help that's gentle, non-invasive and often enjoyable for pets. They know they will feel better," Pam said. "It's a way for me to connect with animals on a different level and for the pet parent to experience that as well." Pam encourages pet parents to be present at all therapies. "There's a huge benefit for a person to be there, unless they are needle phobic," Pam said. "Everyone is working together to help the animals feel better and heal themselves."

Pam treats larger, older dogs most often for arthritis. "Dogs typically react better to acupuncture than people expect," Pam said. She tries to create a relaxing environment for the pet parent and pet and looks for feedback from the animal to determine the pet's comfort. If she feels the dog is too anxious, she will opt for light therapy, which uses light to stimulate acupuncture points. It works on a cellular level to decrease pain and inflammation and increase healing.

The number of treatments depends on the response to treatment, travel and affordability. It generally starts once a week for 3-4 weeks then tapers off to 10-day or two-week intervals and then monthly. Maintenance is bimonthly, monthly or every 6 weeks, depending on the dog.



Photo from <https://fearfreehappyhomes.com/acupuncture-can-it-help-reduce-pet-stress-at-the-vet/>



Photo from http://www.pawsofhanover.com/paws_in_balance.html

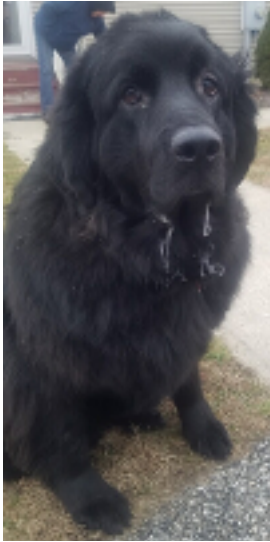
Acupuncture is considered a medical procedure and should only be administered after a proper medical exam by a licensed veterinarian. Veterinary acupuncturists must be a licensed veterinarian and should have formal training of veterinary acupuncture.

For more information on alternative therapies, or to find a practitioner near you, log on to the International Veterinary Acupuncture Society (IVAS.org) or the Chi Institute (tcvm.com) and. For more information on holistic veterinary medicine, visit the American Holistic Veterinary Medical Association at ahvma.org.

Sources: <https://www.ivas.org/about-ivas/what-is-veterinary-acupuncture/>
https://www.nationalgeographic.com/news/2002/11/1125_021125_vetacupuncture/
https://en.wikipedia.org/wiki/Veterinary_acupuncture
<https://www.ivas.org/about-ivas/what-is-veterinary-acupuncture/>
<https://vcahospitals.com/know-your-pet/veterinary-acupuncture>

A Happy Ending for Peaches

Peaches had a difficult beginning to her life, starting with being a puppy mill dog. When she wouldn't breed, she was passed on and spent her life in a crate, losing a significant amount of weight. The new home didn't want Peaches either because of her infertility. She was then sent to a kind woman who had her spayed, groomed and vetted but realized she would not be able to keep her due to the amount of work, and likely expense, that Peaches would require when she realized surgery was needed on her hind legs.



Peaches landed at her current home in Britton, Michigan with Dori Polack in January. A seasoned Newf owner for more than 35 years, Dori very much wanted to keep and love Peaches. Dori's daughter, Stephanie Findley, reached out to TNP through a common contact. TNP helped in scheduling further testing on Peaches' hind legs from reliable specialists in Dori's area. It was determined that the ACL on both legs and luxating patellas would need to be repaired, costing upwards of \$8,000. Dori was willing to work with Peaches through rehabilitation, but needed help paying for the surgery.

The Newfoundland community rallied, and with donations from TNP supporters, the Newfoundland Club of America Charitable Trust from the Barrister Fund Grant Program and That Newfoundland Place, Peaches had her first surgery on March 19. The Barrister Fund Grant Program assists owners with limited funds, to prevent premature euthanasia or surrender to rescue, and to aid in relieving owner emotional strain. Surgery was performed at the West Suburban Animal Hospital in Toledo, OH, who offered a generous discount.

"Peaches needed a miracle and she was provided that miracle," Stephanie said. "We would have had to put her to sleep because of the pain [if she couldn't get the surgery.]" Dori was overwhelmed by the outpouring of support. "My prayers are being answered and I am amazed at how many angels Peaches has. I am forever grateful. Thank you everyone for all that you have done from the bottom of my heart, thank you for her miracle," she said.

Peaches went home on March 20 to begin her recovery and rehabilitation, and start the happy life she so richly deserves. She returned to the vet on April 2 to get her stitches out and has surgery scheduled for April 15 for her left leg.

Peaches will turn 3 on April 30, but it is more like a rebirth into a loving, quality life.

Follow us!



Support Us!



That Newfoundland Place Inc. is a nonprofit corporation organized and operated exclusively for charitable purposes. Specifically, this organization has been formed to prevent cruelty to animals. Our mission is to offer quality of life to senior dogs of various breeds, to assist in rescue, rehabilitation, and re-homing of dogs in need, with a focus on Newfoundland dogs, and to provide humane education as related to care and life quality. of animals. Cathy Derench, President